



### Scrutiny Review - Sexual Health in Teenagers

MONDAY, 5TH OCTOBER, 2009 at 17:30 HRS - CIVIC CENTRE, HIGH ROAD, WOOD GREEN, N22 8LE.

MEMBERS: Councillors Bull (Chair), Kania, Newton, Santry and Scott

CO-OPTED Ms. Y. Denny, Mr. J. Ejiofor, Ms. S. Marsh, Ms. M. Jemide and Ms. H. Kania

**MEMBERS**:

#### **AGENDA**

#### 1. APOLOGIES FOR ABSENCE

#### 2. DECLARATIONS OF INTEREST.

A member with a personal interest in a matter who attends a meeting of the authority at which the matter is considered must disclose to that meeting the existence and nature of that interest at the commencement of that consideration, or when the interest becomes apparent.

A member with a personal interest in a matter also has a prejudicial interest in that matter if the interest is one which a member of the public with knowledge of the relevant facts would reasonably regard as so significant that it is likely to prejudice the member's judgment of the public interest **and** if this interest affects their financial position or the financial position of a person or body as described in paragraph 8 of the Code of Conduct **and/or** if it relates to the determining of any approval, consent, licence, permission or registration in relation to them or any person or body described in paragraph 8 of the Code of Conduct.

#### 3. LATE ITEMS OF URGENT BUSINESS.

The Chair will consider the admission of any late items of urgent business. Late items will be considered under the agenda items where they appear. New items will be dealt with at item 7 below.

#### DRAFT SCOPE AND TERMS OF REFERENCE (PAGES 1 - 10) 4.

To approve the draft scope and terms of reference for the review (attached).

#### 5. **IMPROVING SEXUAL HEALTH IN TEENAGERS (PAGES 11 - 128)**

To receive a presentation from the Health, Well Being and Sustainability Manager, Children and Young People's Service and the Associate Director of Public Health, NHS Haringey on the following:

- How the Council and its partners currently aim to reduce the prevalence of sexually transmitted diseases and teenage conceptions within the Borough
- The outcome of the sexual health needs assessment
- Progress made and any issues arising that relate to the prevention of conception from the previous teenage pregnancy scrutiny review

Background papers and supporting information are attached.

#### 6. **DATE OF FUTURE MEETINGS**

#### **NEW ITEMS OF URGENT BUSINESS** 7.

Ken Pryor Deputy Head of Local Democracy and Member Principal Scrutiny Support Officer Services 5<sup>th</sup> Floor River Park House 225 High Road Wood Green

Robert Mack Tel: 020 8489 2921

E-mail: rob.mack@haringey.gov.uk

25 September 2009

London N22 8HQ



Agenda item:

#### Scrutiny Review - Sexual Health in Teenagers On 5 October 200

Report Title: Scrutiny Review of Sexual Health in Teenagers Report of: Chair of Overview and Scrutiny Committee Contact Officer: Robert Mack, Principal Scrutiny Support Officer Tel: 0208 489 2921 Report for: N/A Wards(s) affected: All Purpose of the report (That is, the decision required) 1.1. To approve the draft scope, terms of reference and work plan for the scrutiny

review on sexual health in teenagers

#### 2. **Introduction by Cabinet Member (if necessary)**

2.1. N/A

#### State link(s) with Council Plan Priorities and actions and/or other Strategies: 3.

3.1. Council Plan: Encouraging lifetime well-being at home, work, play and learning Sustainable Community Strategy outcome: Healthier people with a better quality of life

#### Recommendations

4.1. That the scope, terms of reference and work plan for the review be recommended for approval by the Overview and Scrutiny Committee.

#### 5. Reason for recommendation(s)

5.1. Included within the body of the report.

#### 6. Other options considered

6.1. Included within the body of the report.

#### 7. Summary

- 7.1 The Committee has previously agreed to commission a scrutiny review on improving the sexual health of teenagers chaired by Councillor Bull. Following consideration by panel members and consultation with relevant stakeholders, a scope, terms of reference and a work plan have been developed.
- 7.2 The review will focus on prevention and the promotion of good sexual health and will aim to contribute to the development of the new sexual health strategy for the Borough. It will obtain its evidence by considering relevant documentation, including statistics and interviewing a range of stakeholders. In addition, it will aim to obtain the views of young people and service users, both potential and actual.

#### 8. Chief Financial Officer Comments

8.1. The Chief Financial Officer has been consulted in the preparation of this report and comments that the recommendations do not give rise to any additional financial commitments.

#### 9. Head of Legal Services Comments

- 9.1. The proposed draft scope, terms of reference and work plan for the Scrutiny Review will help facilitate the Councils duties towards children in need under the Children Act 1989 and under the Children Act 2004. Under Section 10 of the Children of the Children Act 2004, the children's services authority is required to promote co operation with its partners and others with a view to improving the physical, mental health and emotional well-being of children in its area.
- 9.2. The plans and proposals outlined in the report facilitate the discharge of local authority statutory duties in accordance with the Local Government Act 2000 to promote or improve the economic, social and environmental wellbeing of all or any persons resident or present in the authority's area. (Section 2).
- 9.3. The Authority also has a duty to have regard to every have regard to every local improvement target specified in the local area agreement which relates to it.(S108 Local Government and Public Involvement in Health Act 2007).
- 9.4. The proposed scrutiny review will help in discharging those statutory duties towards children in the local authority's area.

#### 10. Head of Procurement Comments – [Required for Procurement Committee]

10.1. N/A

#### 11. Equalities & Community Cohesion Comments

11.1. Sexual ill health disproportionately affects some communities within the Borough and the review will consider, as part of its work, what is currently done to address the needs of the diverse communities within the Borough and how this could be improved using the evidence base and good practice. In addition, teenage pregnancy can adversely affect the life chances of young women. The review will also consider how effective current joint action by the Council and its partners to reduce unplanned conceptions amongst teenagers can be enhanced.

#### 12. Consultation

12.1. The review will aim to obtain the views of children and young people by working with Haringey Youth Council.

#### 13. Service Financial Comments

13.1. The cost of undertaking the scrutiny review is provided for in the budget for overview and scrutiny. In addition, value for money issues and any potential financial implications arising from the review will be considered in liaison with the service finance lead.

#### 14. Use of appendices/tables and photographs

14.1. None

#### 15. Local Government (Access to Information) Act 1985

15.1. Background papers are as follows:

Scrutiny Review of Teenage Pregnancy (March 2006)

Progress Report from Scrutiny Review of Teenage Pregnancy (Feb 2008)

Haringey Sexual Health Strategy, parts 1 and 2 (Sept. 2005)

Progress and priorities – working together for high quality sexual health – review of national strategy for sexual health and HIV

Profile of Sexual Health in Haringey (June 2009)

London Sexual Health Indicators – LHO/HPA (November 2008)

Sex and our City – MedFASH (November 2008)

Discussing Haringey Changes for 2006 – Discussion paper – Family Planning Service - NHS Haringey

Scrutiny Improving Sexual Health among young people – Leeds City Council (April 2009)

Teenage Conception and Sexual Health – Nottingham City Council (May 2005)

Sexual Health Services – London Borough of Hackney (Nov 2005)
Under 18 conceptions data for LAD1 and LAD2 (all LAs including county districts),
1998-00 - 2005-07

Department of Health National Support Team visit report (October 2008)

#### 16. Report

Aims/Objectives of Review

- 16.1 It is proposed that the review will focus on what the Council and its partners currently do to promote and improve the sexual health of teenagers with the Borough. This will include what is done to reduce the levels of sexually transmitted infections (STIs) and conceptions. Rather then focus on what happens to young people when, for example, they become infected with a STI or pregnant, it is proposed that the review concentrates instead on the issue of prevention and the promotion of good sexual health.
- 16.2 A scrutiny review on teenage pregnancy took place on in 2005/6 and this covered several issues relating to conceptions that will be directly relevant to this review. In 2006, NHS Haringey made changes to the Family Planning Service in response to budgetary pressures. These proposals were considered in detail by the Overview and Scrutiny Committee. It is suggested that both of these areas be revisited to see what changes have taken place since the previous review and their outcomes and impact.
- 16.3 There are two targets within the Local Area Agreement (LAA) that are directly relevant to the areas to be covered by the review:
  - NI112; Rate of under-18 conceptions (per 1000 girls aged 15-17 as compared with the 1998 baseline rate). The target is - 5%, Current performance shows an increase of 14.4%.
  - NI113: Prevalence of Chlamydia in under 20 year olds. This target relates to the percentage of young people being screened. The target is 15%. Current performance is 15.7%.
- 16.4 NHS Haringey will be revising and updating the sexual health strategy and this process has started with the development of an updated needs assessment.
- 16.5 The Chlamydia positivity rate for young people under 25 who were screened as part of the National Chlamydia Screening Programme (NCSP) was 8.9% in Haringey in 2007/8, which is the 23<sup>rd</sup>. highest rate in London. This gives a general indication of the possible prevalence of the disease amongst those tested. Current figures quarter 4, 2008/9 for the number of under 20s being screened are 15.7% against a Department of Health target of 15%.
- 16.6 The most recent (2007) under 18 conception rate is currently 70.0 per 1000 female population which represents an increase of 12.4% against the 1998 baseline. This compares against a London wide rate of 45.6 per 1000. Haringey is the only borough classified as inner London to have shown an increase in rates since 1998 but both Lambeth (74.4) and Lewisham (70.6) still have higher overall rates of

conception despite a reduction since 1998. Some boroughs, such as Hackney and Hammersmith and Fulham, have seen particularly large reductions – 25.9% and 26.5% respectively.

- 16.7 The picture for outer London boroughs is different from that of inner London, with 8 boroughs showing increases since 1998, with some of these as high as 23.0% (Barnet) and 19.6% (Redbridge). These nevertheless have to been viewed in the context of, with a few exceptions, generally lower overall conception rates. There is a clear link between deprivation and teenage pregnancy figures which appears to be mirrored within conception rates but not the changes in rates that have taken place since 1998.
- 16.8 There are 4 community contraceptive clinics within Haringey. Each has two weekly sessions of which approximately half are held in the evening. The 4YP service is aimed at young people under the age of 18 and provides information on sexual health and contraception, free condoms and pregnancy testing. All community contraceptive clinics and 4YP drop-ins offer pregnancy testing. There is a condom distribution scheme targeted to reduce HIV transmission operated through the voluntary sector and NHS Haringey provider services. The scheme is to be extended with the introduction of a scheme for young people. There is an Emergency Hormonal Contraception (EHC) scheme within the Borough which operates with participating pharmacies.
- 16.9 Sex and Relationship Education (SRE) is undertaken in schools. The biological element of this is part of the national curriculum for science and parents cannot withdraw their children from this. However, SRE outside of science is discretionary. Teachers cannot be compelled to teach it and parents have the right to withdraw their children.
- 16.10 There is a Haringey Teenage Pregnancy Prevention Strategy and Action Plan. This is delivered through a number of different agencies and services from the Children's Trust including:
  - NHS Haringey
  - The Children's Service
  - Connexions
  - 4YP
  - Schools
  - Colleges of further education
- 16.11 A joint three year sexual health strategy was published by NHS Haringey and the Council in 2005 which set out a vision, principles, a framework for sexual health services delivery and a model for an integrated sexual health network. The strategy is now due to be revised and the timing of this provides an opportunity for the scrutiny review to influence it.
- 16.12 The process is being initiated through a needs assessment for the Borough. This will:
  - 1. Assess need and develop a baseline picture of sexual health and service provision in Haringey.
  - 2. Assess service capacity and capability, including mapping of services.
  - 3. Engagement with the local community

#### Appendix A

#### Proposed Scope, Terms of Reference and Plan for Review

#### 1. Membership of Review Panel

Cllrs Bull (Chair), Santry, Scott and Newton

Co-opted Members: Yvonne Denny (church representative), Marcelle Jemide, Joseph Ejiofor and Sarah Marsh (parent governors), Helena Kania (LINks)

#### 2. Timescale

The effectiveness of the review in influencing policy will, to some extent, be dependent on the timing of its final report. In order to maximise influence over funding decisions, the review will aims to finish its work by December.

#### 3. Terms of Reference/Scope

"To consider actions currently undertaken by NHS Haringey, the Council and other relevant partners to prevent sexually transmitted infections and re-infection and conceptions amongst teenagers through the promotion of good sexual health within the Borough and make recommendations on how this might be improved"

As part of this, the review will consider:

- Actions being taken to achieve the relevant LAA targets
- The relationship between Sexual Health outcomes and Family Planning Services
- How the views of users are sought and responded to
- Value for money

#### 4. Methodology

The review will undertake its work through the following:

- Interviewing key stakeholders to obtain their views
- Obtaining the views of service users, both potential and actual
- Considering relevant documentary and research evidence
- · Looking at best practice elsewhere
- · Providing an element of external challenge

#### 5. Key Stakeholders

Council

Councillor Lorna Reith – Cabinet Member for Children and Young People Janette Karklins – Deputy Director (School Standards), Children and Young People's Service

Belinda Evans – Head of Youth Service, Children and Young People's Service Vivien Hanney – Teenage Pregnancy Co-ordinator, Children and Young People's Service

Jude Clements – Health, Well Being and Sustainability Manager, Children and Young People's Service

#### **Partners**

Eugenia Cronin – Joint Director of Public Health and Chair of Sexual Health Partnership Board

Susan Otiti - Associate Director of Public Health

Family Planning Consultant

Dr. Sally Dowler (local GP) – Sexual health collaborative lead, NHS Haringey

Claire O'Connor - Head of Sexual Health, 4YP

Mesfin Ali - Pan African and Caribbean Sexual Health Project

Community/Service Users
Haringey Youth Council
Chair of Secondary Heads Association
Chair of Primary Heads Association
Haringey Teachers Association

Further education

#### 6. Consultation and User Involvement

The views of teenagers will be obtained through working together with Haringey Youth Council. In addition, the review will also obtain the views of people who work with teenagers, such as officers from the Youth Service, and therefore may be in a position to provide a snap shot of their views.

#### 7. Provisional Evidence Sessions:

#### Meeting 1:

#### Aim:

- To obtain an understanding of how partners currently aim to reduce the prevalence of sexually transmitted diseases and teenage conceptions within the Borough
- To receive the outcome of the sexual health needs assessment
- To consider relevant performance data including information relating to cost of service, efficiency, effectiveness and outcomes
- To identify progress made and any issues arising that relate to the prevention of conception from the previous teenage pregnancy scrutiny review

#### Background Information:

Sexual health needs assessment Performance data Strategy documents

#### Possible Witnesses:

Jude Clements – Health, Well Being and Sustainability Manager, Children and Young People's Service

Vivien Hanney - Teenage Pregnancy Co-ordinator, Children and Young People's Service

Susan Otiti – Associate Director of Public Health

Patrick Dollard - Public Health Officer

#### Meeting 2:

#### Aims:

• To obtain the views of young people and people who work with young people on current practice and policy and its effectiveness

#### Possible Witnesses:

Haringey Youth Council
Belinda Evans – Head of Youth Service, Children and Young People's Service
Chair of Secondary Heads Association
Chair of Primary Heads Association
Haringey Teachers Association
CoNEL

#### Meeting 3:

#### Aims:

To obtain the response of key stakeholders and service providers

#### Possible Witnesses:

Dr. Sally Dowler – Sexual Health collaborative lead Family Planning Consultant Claire O'Connor – Head of Sexual Health, 4YP Mesfin Ali - Pan African and Caribbean Sexual Health Project Further education

#### Meeting 4: Conclusions and recommendations

#### Aim:

- To consider evidence obtained during the course of the review
- To agree appropriate conclusions and recommendations

#### Background Information

Issues paper highlighting key matters from the evidence received

#### Implementation of Recommendations

A joint response to the recommendations will collated and co-ordinated by the Children and Young People's Service on behalf of the Cabinet Member.

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# Progress Report on Teenage Pregnancy Prevention and Support

Haringey

September 2009

<b>BOROUGH: Haringey</b>	Person completing this table: Vivien Hanney, TPC	RAG rating	Date: September 2009
Characteristic	Progress Report		Responsibility /Accountable lead
Strategic		Green	Teenage Pregnancy Executive Board, Teenage Pregnancy Implementation Group
	Integrated commissioning or services by reporting into the new Children's Trust governance arrangements and will also use available data and activity information to establish specific priorities and establish appropriate task and finish groups to deliver quick results.  The Teenage Pregnancy Strategic Partnership Board will become the implementation group and be responsible for performance monitoring and management, escalation of gaps and issues to the		

	Executive Board and drive the Task and Finish group activity.  The first meeting of the TP Executive Board takes place on the 18th September 2009 and the first meeting of the Implementation Group takes place on the 21st September 2009. Initial task and finish groups have been identified as part of the self assessment using the Teenage Pregnancy Prevention and Support Toolkit.		
Data	<ul> <li>A Teenage Pregnancy Data Warehouse including a Quarterly Monitoring scorecard has been developed in Public Health.</li> </ul>	Green	Associate Director of Public Health
	<ul> <li>Interim Report including Data Analysis as part of the Sexual Health Needs Assessment due by end of September 2009.</li> </ul>	Amber	Associate Director of Public Health, Sexual Health Partnership Board
	<ul> <li>Task Group established in September 2009 to Improve monitoring of Contraception and Sexual Health Services Data for under 18s</li> </ul>	Green	Associate Director of Public Health
Reflection on Q1 and Q2 2008 data	The data Q1 (52.1 per 1000 with 45 actual conceptions) and Q2 (57.2 per 1000 with 49 actual conceptions), shows good progress for Haringey - Q2 showed a decrease of 23.8 from Q2 07 which was 81.0per 1000 which is significantly better than the London regional rate which showed a 2.00 per cent decrease from the Q2 07 rate.		
	Our rolling quarterly average is now down to 61.2 per 1000 which is first time we have a achieved a quarterly average rate lower than our 1988 base rate of 62.7 and the first time that we have achieved two consecutive rates in the 50s. Our Q2 rates have consistently shown a significant increase from Q1 but the Q2 data shows there has been a small increase from Q1 08.		

Green Contraception and Sexual Health Services Manager	Green	Green	Green	Green	Green	Green
Local website www.shharingey.co.uk launched as one stop site for all ages (including 4YP Haringey) contraception and sexual health services in Haringey - April 2009	All publicity and communications promote key websites:www.shharingey.co.uk,www.youthspace.haringe y.gov.uk, www.ruthinking.co.uk and are links within Family Information Services Directory (FISD)	12 month railway station poster campaign promoting the Emergency Hormonal Contraception Pharmacy Scheme - started in April 2009	12 month local cinema washrooms poster campaign promoting awareness of teenage pregnancy and chlamydia and 4YP Haringey Nurses' mobiles, local and national CASH websites – started in March 2009	Poster ( as above )included in Tottenham Hotspur 'Kickz' Community Magazine in June 2009	Article on a pupil's positive experience of the Teens and Toddlers Programme printed in Haringey People, the local free magazine distributed to all residents in the borough in April 2009	Insert promoting the new 4YP Haringey services including
•	•	•	•	•	•	•
Communication						

							Leaving Care and Asylum	Service Manager
2020		Green		Green	Green	Amber	Amber	
clinical and non clinical sessions in Youth, Community and Leisure Centres, mobile bus stops and static clinics produced in Exposure magazine in April 2009	<ul> <li>Young people produced an article on teenage pregnancy and alcohol issues for Exposure magazine in May 2009</li> </ul>	<ul> <li>Young People produced an article on Sex and relationship Education in schools for Exposure magazine in June 2009</li> </ul>	<ul> <li>Young People produced an article on accessing CASH services in FE colleges in Haringey in July 2009</li> </ul>		<ul> <li>Young People produced an article on Safe Personal Relationships for Exposure magazine in August 2009</li> </ul>	<ul> <li>Z card produced promoting RU Ready message, 4YP Haringey Services, all CASH services, EHC Pharmacy Scheme, Chlamydia screening programme, other young people's health and support services, Connexions services and forthcoming C Card scheme - in August 2009 and second edition for September 2009</li> </ul>	<ul> <li>28 page booklet on 4YP Haringey and related services for young people in development – due December 2009</li> </ul>	<ul> <li>Initial planning has taken place for the development of a targeted Raising Aspirations/Wellbeing Publication made for and by young people receiving support from the Leaving Care and Asylum Service</li> </ul>

Strong Delivery of	<ul> <li>Haringey's Healthy schools target (64%) achieved</li> </ul>	Green	Health, Wellbeing and
	<ul> <li>50% of secondary schools have achieved Healthy Schools Status</li> </ul>	Amber	PSHE, Citizenship and Participation Manager, Public
	<ul> <li>100% of PRUs have achieved Healthy Schools Status</li> </ul>	Green	and Young People
	<ul> <li>College of North East London on track for Healthy College status</li> </ul>	Amber	
	<ul> <li>25% of primary schools have teacher certified with PSHE/CPD accreditation</li> </ul>	Amber	
	<ul> <li>36% of secondary schools have teacher certified with PSHE/CPD accreditation</li> </ul>	Amber	
	<ul> <li>100% of secondary schools and Haringey 6<sup>th</sup> Form Centre have been offered the SRE Curriculum Teaching Pack with training programme</li> </ul>	Green	
	<ul> <li>Young People's Views on SRE, (A survey of 10 Haringey School Councils) was published in Jan 2009and circulated widely across the borough. Findings have informed TP Action Plan</li> </ul>	Green	
	• Every Child Matters in Haringey, A summary report of the Health Related Behaviour Survey 2009 was published and launched as part of Healthy Schools Conference in July 2009 – the report summarised the results from a questionnaire completed by over 1800 young people aged 9 to 15 from 17 primary schools and 8 secondary schools in Haringey. Completed questionnaires were processed by SHEU in Exeter. Findings have informed TP Action Plan.	Green	
	<ul> <li>SEX FM theatre presentations, workshops and training for</li> </ul>	Green	

	Amber Amber Amber Green	
		<ul> <li>SRE mapping table produced to audit all primary, secondary, special schools, PRUs, post 16/FE settings and youth and community settings – in May 2009</li> </ul>
<ul> <li>SRE mapping table produced to audit all primary, secondary, special schools, PRUs, post 16/FE settings and youth and community settings – in May 2009</li> </ul>	Green	<ul> <li>Mobile SRE/Wellbeing Resource in development for all secondary schools, including PRU for use in classroom/tutorials – in situ by December 2009</li> </ul>
ng Resource in development for all including PRU for use in in situ by December 2009 produced to audit all primary, schools, PRUs, post 16/FE settings nunity settings – in May 2009	Amber Amber	<ul> <li>PSHE/SRE/Wellbeing web based policy and guidance site including at risk assessment tool aimed at teachers and support staff in primary and secondary schools and PRUs in development – live by December 2009</li> </ul>
ng web based policy and guidance site essment tool aimed at teachers and ary and secondary schools and PRUs e by December 2009  ng Resource in development for all including PRU for use in – in situ by December 2009  produced to audit all primary, schools, PRUs, post 16/FE settings munity settings – in May 2009		<ul> <li>SRE/Wellbeing Information and Resource Area in development for all secondary schools, including secondary PRU aimed at providing parents/carers access to key local and national support services – in situ by December 2009</li> </ul>
cess cess all all	Amber Amber	<ul> <li>SRE/Wellbeing Information and Resource Area in development for all secondary schools, including secondary PRU aimed at providing pupils information and access to key local and national support services – in situ by December 2009</li> </ul>
cess cess rate all all	Amber	<ul> <li>Risks and Choices for Yr 7 and Yr 8 pupils, theatre presentations, workshops and training for staff for 6 secondary schools including PRU – in development for Spring and Summer Terms 2010</li> </ul>
or all		staff provided for 10 secondary schools including PRU in Summer Term 2009

Sexual Health Commissioner, Contraception and Sexual Health Services Manager					
Green	Green	Green	Green	Green	Green
4YP Plus – NHS Haringey has integrated sexual health and family planning services in a weekly clinic for women only, under 20s at Lordship Lane Health Centre	Clinical services including contraception, condoms, LARC, pregnancy testing and Chlamydia screening have been extended to the 4YP Haringey under-18 outreach programme and extended to all three area Integrated Youth Support Services (IYSS) youth projects with the 4YP Nurse running fortnightly clinical sessions	4YP Bus Stops – the 4YP Bus continues to visit a range of regular youth and community sites across the Borough, (including Leisure Centres, Children's Centres, Connexions, Shopping Centres and housing estates) offering clinical and non clinical sessions	Weekly 4YP Sessions at Youth Offending Service have been extended to include individual referrals and group activities including support from Chlamydia Screening Outreach Workers	4YP Nurse sessions now running fortnightly at the Leaving Care and Asylum Team site – started Feb 2009	4YP Nurse sessions continue to run fortnightly at Haringey 6 <sup>th</sup> Form Centre
•	•	•	•	•	•
Provision of young people focused contraception and sexual health services, trusted by teenagers and	well known by parents and practitioners working with them				

•	4YP Nurses provide individual appointments for teenage parents to support the reduction in second pregnancies – referrals made by Supporting Teenage Parents Team and Connexions PAs	Green	
•	4YP Nurse attends Teenage Parents Roadshow events based in Children's Centres	Green	
•	A 4YP Nurse now has a weekly clinic offering contraception including LARC and sexual health screening in a newly built clinic room as part of the Student Welfare Department at College Of North East London – started in May 2009	Green	Assistant Director of Learner Information and Support, CONEL
•	Peer Mentors trained in Want Respect – Use a condom campaign at CONEL as part of Sexual Health Awareness week - completed in April 2009	Green	Assistant Director of Learner Information and Support, CONEL
•	4YP Nurse continues to provide individual appointments on school site, via referrals from school counselling service in one secondary school in 'hotspot' ward	Green	Sexual Health Commissioner, Contraception and Sexual Health Services Manager
•	All ages contraception and sexual health clinics promoted to young people – clinics available in healthcare settings across the borough, every day Monday to Saturday except Sundays	Green	
•	Ongoing 4YP Emergency Hormonal Contraception Scheme available free to young women 18 and under in eighteen community pharmacies across the borough but concentrated in hotspot wards	Green	EHC 4YP Pharmacy Scheme Coordinator
•	Pilot condom distribution scheme for young people 25 and under will include c card scheme and medi vend	Amber	Assistant Director of Public Health, Sexual Health Commissioner, Sexual

	Scheme – launch in planning for late October 2009	Health Partnership Board
	12 month Medi vend machine pilot in College Of North     East London and to be extended to 4YP Plus/ Lordship     Lane Health Centre, Youth Offending Service, Connexions sites in both Libraries. The machines will include condoms, and Chlamydia screening kits and will direct young people to clinic appointments — pilot launch in planning for late	
	October 2009  School age health strategy task group established in April 2009 – including action to identify pilot models for health services (including CASH) in secondary school settings	Assistant Director of Public Health, , Public Health Strategist for Children and Young People
Workforce development: Workforce training on teenage pregnancy and sex and relationship issues in mainstream agencies	SRE Workforce Training (draft)Strategy continues with OCN accredited Speakeasy Level 2 courses achieved by a further 68 staff from IYSS(Youth Service and Connexions), 4YP Haringey, Epic Housing, PRUs, local training providers, YOS, St Ann's Hospital, Leaving Care and Asylum Service, Children Centres and Social Workers from the Fostering Service. Total of 196 key staff now trained at Level 2 since July 08 – September 09. A further 15 staff from 4YP Haringey, YOS, Leaving Care and Asylum Service, IYSS(Youth Service and Connexions)	TPC

	and Tottenham Hotspur Foundation have been trained at Level 3 'Training the Trainers' since November 08 – to September 2009	been trained at mber 08 – to	Green	
	<ul> <li>25 residential social workers from Haringey's Children's Homes and the designated LAC nurse achieved Speakeasy Level 2 Training in December 2008</li> </ul>	y's Children's hieved 2008	o de	
	<ul> <li>RU Ready/Delay Training Programme (non accredited) in development – due to start October 2009</li> </ul>	n accredited) in		
	<ul> <li>Second Haringey Teens and Toddlers facilitators training programme in development – recruitment starts October 2009</li> </ul>	ilitators training starts October	Amber	
Integrated Youth Support Services (IYSS) with a clear remit to tackle	<ul> <li>Targeted Youth Support Plan sets out priority to reducing teenage pregnancy and supporting teenage parents – April 2009</li> </ul>	ority to reducing ge parents –	Green	0-19 Services, Head of West Network
teenage pregnancy	<ul> <li>A further 23 IYSS ( Youth workers and Connexions PAs) staff trained at Level 2 Speakeasy – completed Jan – September 2009</li> </ul>	onnexions PAs) bleted Jan –	Green	ТРС
	<ul> <li>4 IYSS staff trained at Level 3 Speakeasy 'Training the Trainers' including Targeted Youth Inclusion Manager, North Area Youth Coordinator, Detached and Mobile Team Leader and Targeted Teenage Parents Connexions PA</li> </ul>	'Training the on Manager, and Mobile ents Connexions	Green	
	Ongoing use of Youth Service website <a href="https://www.youthspace.haringey.gov.uk">www.youthspace.haringey.gov.uk</a> to promote key messages and access to services	note key	Green	IYSS Webmaster, TPC

		-	
	<ul> <li>RU Ready/Delay Training Programme (non accredited) in development – due to start October 2009</li> </ul>	in <b>Amber</b>	TPC
	<ul> <li>4YP Haringey clinical (led by 4YP Nurse) and non clinical sessions (led by 4YP Youth workers) available at all three Area Youth Projects</li> </ul>	Green ee	Contraception and Sexual Health Services Manager
	<ul> <li>4 IYSS staff trained as Haringey Facilitators for the Teens and Toddlers Youth Development Programmes for pupils at risk from four secondary schools</li> </ul>	ens <b>Green</b> ils	TPC
	<ul> <li>Teens and Toddlers Graduates Events - in development, IYSS hosting first event in October 2009 to promote youth development opportunities including V Awards within the Youth Service and participation in Haringey Youth Council</li> </ul>	nt, <b>Amber</b> uth ie ncil	Deputy Head, Targeted Youth Support, TPC
Targeted work with at risk groups of young people	Ongoing Teens and Toddlers youth development programmes offered every term within four secondary schools	Green	ТРС
	<ul> <li>Ongoing fortnightly 4YP Nurse sessions at Leaving Care and Asylum Service</li> </ul>	e Green	Contraception and Sexual Health Services Manager
	<ul> <li>Ongoing Weekly 4YP Youth Worker sessions at Youth Offending Service</li> </ul>	Green	
	<ul> <li>Targeted 4YP Group sessions for Clients at the Leaving Care and Asylum Service took place with interpreters – July 2009</li> </ul>	Green	
	<ul> <li>Pilot of Targeted Group Session led by newly appointed Teenage Fathers and Young men at risk Support Worker held in one secondary school – in July 2009</li> </ul>	<b>Green</b> er	Youth Inclusion Manager

	•	Pilot 'Speakeasy Together/Transition/Raising Aspirations' Programme for pupils identified at risk and their parents – in development for 2x 10 Yr 5 and Yr 6 pupils in two Primary Schools and 2 X 10 pupils in Yr 7 in two secondary schools - recruiting schools for pilot at PSHE/CPD event in September 2009	Amber	Health, Wellbeing and Sustainability Manager, PSHE, Citizenship and Participation Manager, 14 – 19 Aiming High Officer
	•	Teenage Parents Roadshow events based in Children's Centres – North Network event held June 2009, West Network Event to be held October 2009. South Network tbc in 2010. Roadshow brings together local services and organisations supporting and improving outcomes for teenage mothers and fathers and their children	Green	Supporting Teenage Parents Sub Group
	•	Initial planning has taken place for the development of a targeted Raising Aspirations/Wellbeing Publication made for and by young people receiving support from the Leaving Care and Asylum Service	Amber	Leaving Care and Asylum Service Manager
	•	Haringey awarded funding in July 2009 from the Migration Impact Fund - reducing teenage pregnancy, improving sexual health and safeguarding vulnerable children and young people project includes recruitment of two targeted support workers from and for the Eastern European Roma community – recruitment process started August 2009	Amber	TPC
Work on raising aspirations	•	Ongoing Teens and Toddlers youth development programmes offered every term within four secondary schools includes National Award in Interpersonal Skills	Green	TPC
	•	Teens and Toddlers Graduates Events - in development, IYSS hosting first event in October 2009 to promote youth development opportunities including V Awards within the	Green	Deputy Head, Targeted Youth Support, TPC

		Youth Service and participation in Haringey Youth Council		
	•	Teenage Parents Roadshow events based in Children's Centres – North Network event held June 2009, West Network Event to be held October 2009. South Network tbc in 2010. Roadshow brings together local services and organisations supporting and improving outcomes for teenage mothers and fathers and their children	Green	Sub Group
	•	Pilot 'Speakeasy Together/Transition/Raising Aspirations' Programme for pupils identified at risk and their parents – in development for 2x 10 Yr 5 and Yr 6 pupils in two Primary Schools and 2 X 10 pupils in Yr 7 in two secondary schools – information session for identified schools for pilot at PSHE/CPD event in September 2009	Amber	Health, Wellbeing and Sustainability Manager, PSHE, Citizenship and Participation Manager, 14 – 19 Aiming High Officer
Work with Parents/carers in preventing teenage pregnancy	•	Haringey Parenting Strategy (draft) sets out priority and includes information and advice and links to Family Information Services Directory(FISD)	Green	Parenting Commissioner
	•	SRE/Speakeasy Level 2 programme completed by 12 parents at the Northumberland Park Women and Children's Centre in a hotspot ward – July 2009	Green	TPC
	•	SRE/Speakeasy Level 2 programme completed by 6	Green	

	parents at St Thomas More Catholic School in a hotspot ward - 2009	Amber	To Care is To Do
•	Speakeasy courses for parents/carers of pupils in 'To care is to do 'programme led by 3 Tottenham Hotspur Foundation Education Officers trained at Speakeasy Level 3'Training the Trainers' – starts November 2009	Amber	Coordinator, Tottenham Hotspur Foundation
•	Speakeasy Level 2 for parents/carers of pupils on Teens and Toddlers programmes in four secondary schools - in development .Recruitment started July 2009 for Saturday course		)
		Green	MDT Network Coordinators
•	Teenage Fathers and Young men at risk support worker appointed as part of the Multi Disciplinary Network Teams in Children and Young People's Service – started Feb 2009		
		Amber	IYSS, Connexions Largeted
•	Additional targeted Connexions PA recruited for Supporting Teenage Mothers as part of the Multi Disciplinary Network Teams in Children and Young People's Service – recruited August 2009		
•	Toonage Darante Dandehow exemts based in Children's	Green	Supporting Teenage Parents Sub Group
•	Centres – North Network events based in Clinical S Centres – North Network event held June 2009, West Network Event to be held October 2009. South Network tbc in 2010. Roadshow brings together local services and		_
	organisations supporting and improving outcomes for teenage mothers and fathers and their children	Amber	Health, Wellbeing and Sustainability Manager,
•	SRE/Wellbeing Information and Resource Area in development for all secondary schools, including secondary PRU aimed at providing parents/carers access to key local and national support services – in situ by		PSHE, Citizenship and Participation Manager, Public Health Strategist for Children and Young People

Health, Wellbeing and	Sustainability Manager, PSHE, Citizenship and Participation Manager, 14 – 19 Aiming High Officer			
Amber	, ,	Amber		
December 2009	<ul> <li>Pilot 'Speakeasy Together/Transition/Raising Aspirations' Programme for pupils identified at risk and their parents – in development for 2x 10 Yr 5 and Yr 6 pupils in two Primary Schools and 2 X 10 pupils in Yr 7 in two secondary schools - recruiting schools for pilot at PSHE/CPD event in September 2009</li> </ul>	<ul> <li>Speakeasy Level 2 for parents/carers of pupils on Teens and Toddlers programmes in four secondary schools - in development .Recruitment started July 2009 for Saturday course</li> </ul>		

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Progress Report from 21 areas with high and increasing under 18 conception rates. Government Office for London (GOL)

# January 2009 -

Primarolo minister for Public Health wrote to your chief executive and the Teenage Pregnancy Strategy Board on the 2<sup>nd</sup> April 2008 and invited you to a meeting to help you strengthen the implementation of your local strategy and share the learning from high performing As one of the 21 boroughs identified as having high and or increasing numbers of teenage conceptions you were focused on to develop an evidence based, focused work plan. Beverley Hughes Minister for Children, Young People and Families and Dawn areas and the Department of Health Teenage Pregnancy National Support Team. The meeting focused on three key issues:

- The ten key factors for effective teenage pregnancy strategies and their links to other programmes aimed at young people; Maintaining the priority of teenage pregnancy within Children's Trust arrangements and an integrated youth support service;
- The use of local data to improve the targeting of young people most at risk and to collect more timely data on conceptions through ocal abortion and maternity services.

As part of the ongoing work the ministers expect an up date from you that describes your progress against the actions that you prioritised at the meeting on 7<sup>th</sup> May. Please complete the table below so that the teenage pregnancy unit can compile an accurate up to date summary statement of up to date progress.

Return to Judy Mace by 30th January 2009

Boroughs: Barking and Dagenham, Enfield, Haringey, and Croydon

BOROUGH: Haringey	Name person completing this table: Vivien Hanney	RAG rating	Date: 28.01.09
Characteristic	Progress report		Who responsible by
Strategic: Accountability Reporting lines (governance) Position and status of LTPC	The Joint Director of Public Health now chairs the Teenage Pregnancy Strategic Partnership Board, and its terms of reference, membership and structural relationships are currently being reviewed in order to give it renewed focus at the most senior levels.	Amber (Green by March2009)	Joint Director of Public Health
	A secondary schools forum in November 2008 included a presentation about Local Area Agreement targets by the CEO, Dr Ita O'Donovan, which encouraged schools to engage on the children and young people's public health agenda, namely, on reducing teenage pregnancy and Chlamydia, and on progressing the HPV roll out. Information packs were circulated with business cards with useful websites, contact details and reminders about interventions, as well as information on teens and toddlers.		
	Teenage pregnancy was one of several themes covered at a Health Inequalities event, convened for Council elected members and senior staff, and NHS Haringey Non-Executive Directors and senior staff, in November 2008, with the aim of ensuring everyone understands that health inequalities are everyone's responsibility.		
	From January 2009, the Teenage Pregnancy Coordinator (TPC) will cease to have operational duties or line management responsibilities for staff. She will remain line managed on a day to day basis directly by the Head of Social Inclusion, who has the lead responsibility for Teenage Pregnancy within the Local Authority. Additionally the TPC now meets regularly with the Joint Director of Public Health and Associate Director Of Public Health.	Green	Head of Social Inclusion, Deputy Director, Secondary Schools and Inclusion

The Chair of the Sexual Health Partnership Board is the recently appointed, second Associate Director for Public Health who has responsibility for sexual health.	Green	Associate Director of Public Health
We have prioritised improving the data we have on teenage conceptions and are implementing a Local Monitoring Data Set in line with the Data Set provided by the TPU. This will help strengthen the performance management of the Haringey Teenage Pregnancy Strategy.	Amber (Green by March 2009)	Teenage Pregnancy Coordinator
One of the key tasks of the newly appointed Associate Director of Public Health has been to ensure the development of a local system to collate births and abortions data so that there is monthly reporting on teenage conceptions. This data collection has began from January 09. This data will enable us to "horizon scan" as well as to carry out additional analyses to inform service developments and will be used by the reorganised TPData Sub Group which will be chaired by the Associate Director of Public Health.	Green	Associate Director of Public Health
A data consultant/information officer has been appointed to progress the data sets and support the identification of 'at risk' data sets in conjunction with the use of 'at risk' assessment tool developed by the SRE and Prevention Sub Group.	Amber	Associate Director of Public Health, Teenage Pregnancy Coordinator
The Joint Strategic Needs Assessment has identified the need for another comprehensive sexual health needs assessment and this will provide significant data on young people's needs and unmet needs amongst Haringey's residents. The Sexual Health Needs Assessment will be completed by April 2009. The Teenage Pregnancy Coordinator is a member of the Steering Group.	Amber (Green by April 2009)	Sexual Health Commissioner, Associate Director of Public Health

	Radio Programme.		
	Teenage Pregnancy and Sexual Health Services and related activities are regularly updated on the Integrated Youth Support Services website, Youthspace and Haringey Council's Family Information Service Directory website, and are regularly promoted within the FE College, College of North East London and Haringey 6 <sup>th</sup> Form Centre websites. Partners receive regular updates via the TPC's Monthly updates and via the Sub Groups which are held every six weeks.	Green	Teenage Pregnancy Coordinator
2 2 H E O	Joint Teenage Pregnancy media and communications working with Sexual Health and Chlamydia Screening Programme has been strengthened and new activities will include joint publicity materials, z cards, postcards, posters and an interior cinema/washrooms poster campaign.	Amber	Sexual Health Commissioner, Teenage Pregnancy Coordinator
, i	A Teenage Pregnancy Media and Communications Lead will be identified and will act as Chair to the TP Media and Communications Sub Group.	Amber	TPSPB
	The Want Respect – Use a Condom campaign was included in the Sexual Health Awareness Week held at local FE College, College of North East London in January 2009.	Green	Assistant Director of Student Welfare and Support, CONEL, Teenage Pregnancy Coordinator

Reflection on 2006 data		
	The Annual rate of 2006 was the same as for 2005 with a reduction in the actual numbers of conception. A rise in Q2 also followed the 'trend' showing most consistently since the baseline. Q3 was the lowest rate achieved since the baseline.	
Reflection on Q1 2007 data	Q1 2007 shows a decrease on the previous quarter but is an increase on Q1 2006. A rise in Q2 again follows the 'trend' and this needs to be analysed further by the Data Sub Group and the TPSPB to identify specific actions for Q2 2009 which can be monitored by the more timely local proxy Data set.  The rise in quarterly rates in 2007 is similar to the regional and national picture.	
Communication	( see Communication above)	

	Sexual & Reproductive Health Services Manager Sexual & Reproductive Health Services Manager, TPJoint Commissioning Group	Sexual Reproductive
	Green Amber(Green by February 09)	Amber(Green by February 09)
	<ul> <li>NHS Haringey has agreed considerable additional investment in sexual health services from 2008/9 for the next 3 years including:</li> <li>the establishment of integrated sexual health and reproductive health services in community settings, the first being 4YP Plus, a clinic for young women aged under 20 years, which opened at Lordship Lane Health Centre in June 2008. The uptake to date is 179 new young women with 386 episodes.</li> <li>the introduction of clinical services (contraception including Long Acting Reversible Contraception pregnancy testing and Chlamydia screening) into the 4YP outreach programme for under 18s, delivered through a range of mobile (bus) and fixed locations.</li> <li>4YP Data for this financial year suggests that there has been an increase in use by young women of 4YP Bus, 4YP Clinics and individual 4YP Nurse sessions.</li> </ul>	In order to extend the access to sexual and reproductive health services in a range of young people's settings, a fortnightly 4YP Nurse session was established in November 08 at Haringey's 6th Form Centre with the 4YP Bus visiting once a month and
Implementation	YP people focused contraception/sexual health services	

tpc	Health, Wellbeing and Sustainability Manager	Health, Wellbeing and Sustainability Manager, PSHE Leads		Teenage Pregnancy Coordinator
Amber	Green	Amber		Amber
Preliminary discussions have taken place for Haringey to take part in the condom vending machine pilot led by Camden PCT which will include the Pan London C-card scheme. Two machines would be made available in FE settings.	Haringey has met its Healthy Schools target.	A mapping exercise to highlight the delivery of SRE/PSHE by schools will be conducted to support the systematic approach to improving SRE in all Secondary schools in the borough and monitor use of the SRE Curriculum Resource Pack issued as part of the SRE Training programme for Secondary Schools and to support new SRE guidance and statutory elements.	SRE Spiral Curriculum Pilot – see NST Action Plan below	The SRE Training Strategy and Programme outlines the range of SRE Training available to schools and FE settings. Accredited SRE training for secondary schools staff and FE settings is a focus of 09/10.
	Strong delivery of SRE/PSHE by schools			

200
In order to extend the access to sexual and reproductive health services in a range of young people's settings, a fortnightly 4YP Nurse session was established in November 08 at Haringey's 6 <sup>th</sup> Form Centre with the 4YP Bus visiting once a month and from November 08 at the Leaving Care and Asylum Team. The focus on sexual and reproductive health services for teenage parents is a new 4YP Nurse Drop in at Pembury Children's Centre and supported by a Teenage Parents Support Group at Triangle Children's Young People and Community Centre. Both Children Centres are located in the two highest 'hotspot' postcodes and are also engaged in the Teens and Toddlers prevention programmes which take place in the Children Centres' neighbouring Secondary Schools.
4YP Sessions at the Youth Offending Service (YOS) have been extended to include a weekly all day session with individual referrals in the morning, and group activities in the afternoon. A fortnightly session will be run at a nearby 4YP Bus site for a group of low risk YOS clients. The 4YP sessions will also include support from a Chlamydia Screening Outreach Worker.
An 'At Risk' assessment tool has been developed to support partners/professionals to identify young people and action/pathways depending on whether the assessment shows high, medium or low risk. Following on discussions with RTPC and the experiences of other Boroughs' use of assessment tools, the SRE and Prevention Sub group are refining the tool further and with the support of the recently appointed data consultant/information officer, before its launch in March 09
Continuing our youth development and teenage pregnancy preventive programme, the Teens and Toddlers Sustainability Programme has seen another group of young people from four

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secondary schools successfully complete the programme in July 08. They received their awards from the Deputy Mayor in a ceremony which was well attended and supported by the young people themselves, as well as their parents and carers and representatives from the schools and the Children Centres where the programmes were based.	September 08, led by Haringey's own trainee facilitators and now, running alongside this, an additional Intensive Teens and Toddlers programme has been agreed for Haringey. This is part of an extensive DCSF funded research programme targeting a further 100 girls in Years 9 and 10 who are identified at risk, including CiC and from the Pupil Support Centre, which will also be offered to secondary schools not currently taking part in our Teens and Toddlers Sustainability programme.	Following the reorganisation of the DCSF-funded research, a Pre-Intensive Teens and Toddlers Programme will start in Feb 2009, with three secondary schools new to the programme and one of the secondary schools already involved in Teens and Toddlers. The Intensive Programme will then start (with the research attached), in September 2009 and will run until February 2010 and the second cohort of pupils taking part in February 2010.	This means that, with our own Teens and Toddlers programmes taking place following on from the Sustainability programme and the Pre Intensive and Intensive Programmes, approximately 160 young people identified at risk within seven of our secondary schools, will have taken part in Teens and Toddlers by July 2010.	To support the above and to increase the opportunities for young people in Haringey to receive sex and relationships
				Workforce training on sex and relationship issues within mainstream partner agencies

Coordinator, Health, Wellbeing and Sustainability Manager	Teenage Pregnancy Coordinator	Teenage Pregnancy Coordinator	Head of IYSS	Amber ( Green Deputy Head of by end of IYSS( universal) January 09)	Deputy Head of IYSS (targeted)
	Green	Amber	Green	Amber ( Gr by end January 09)	Green
education from a trained workforce in a variety of young people's settings, the SRE Training Strategy (currently draft and in its first consultation phase) and three year programme sets out our systematic, borough-wide approach to providing accredited SRE training for professionals and targeted community groups including parents, carers, schools and in post-16 settings.	This year to date, OCN accredited Speakeasy Level 2 and Level 3 courses have been achieved by <b>95</b> key team members and partners, including Tottenham Hotspur Foundation Community Coaches, Children in Care (CiC) Social workers, Designated LAC Nursing Team, Leaving Care & Asylum, Northumberland Park Women and Children's Centre, the targeted and universal youth workers and Personal Advisors within the Integrated Youth Support Services, Referral & Assessment Social Workers, the Youth Offending Service with a further <b>37</b> partners and professionals completing the	Homes staff and the teaching support staff within the Pupil Support Centre (PRU). Speakeasy Level 3 Trainers will facilitate Level 2 to a further <b>80</b> partners/professionals by September 2009.	The Integrated Youth Support Services – Implementation Plan launched in December 09 sets out its commitment to reducing teenage conceptions, improving young people's sexual health and support for teenage mothers and fathers. This includes:		Ongoing release of staff as Haringey Teens and Toddlers facilitators
			<ul> <li>A well resourced Youth Service, with a clear remit to tackle big issues, such as teenage pregnancy and young people's sexual health:</li> </ul>		

	<ul> <li>Targeted Teenage Fathers/Young men at risk Worker</li> <li>Targeted Teenage Parents Personal Advisor</li> </ul>	Green	Youth Inclusion Manager IAG Manager
Work on raising aspirations:	(See Teens and Toddlers programmes and Raising Aspirations –Haringey Heroes Publication in Junior Exposure)		
	GCSE pass rates for Haringey pupils in Summer 2008 were the highest to date. Attendance rates in for both primary and secondary age pupils have also risen significantly.		

	Parenting Commissioner	Teenage Pregnancy	Coordinator	Teenage Pregnancy Coordinator	
	Green	Green	Green	Green	Amber
	see Communication - Raising Aspirations -Haringey Heroes Publication in Junior Exposure)	Accredited SRE Training included in Parenting Support Strategy Document.	SRE Training Strategy and Programme outlines Speakeasy Level 1, 2 and 3 Speakeasy training available to parents/carers in targeted schools and community groups.	08/09 has seen Speakeasy Level 2 courses completed by 34 parents including parents in one Roman Catholic Secondary School and mothers from a Women and Children's Centre in a hotspot postcode.	A Level 2 Speakeasy course is currently running for teenage parents at a Children's, Young People and Community Centre in a hotspot postcode.
Work with Parents					

Actions from last ministerial reporting (only if relevant)		
Signed & agreed by:		
LA chief executive		
PCT chief executive and		

DCS



# Haringey Teenage Pregnancy Strategic Partnership

#### Teenage Pregnancy 2007 - 2010Haringey Strategy

- Statistics, trends & targets
- What are we doing?
  - Strategic
- Data
- Communication
- Implementation



## Haringey Teenage Pregnancy Strategic Partnership **Targets**

To reduce under 18 conceptions by 55% from 1998 base rate to 28 per thousand by 2010

-48.3 per 1000 by 2007

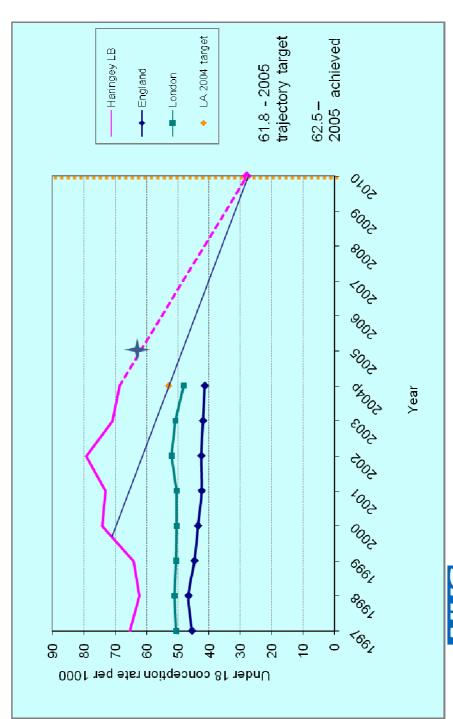
- 41.6 per 1000 by 2008

- 34.8 per 1000 by 2009





## Haringey Teenage Pregnancy Strategic Partnership Rates & targets - 1997 to 2010





Haringey MHS

**Teaching Primary Care Trust** www.haringey.gov.uk

# Haringey Teenage Pregnancy Strategic Partnership

# Under-18 Conceptions – 5 year trend summary

% leading
Number
Rate/1000
Year

% leading to abortion

53.4
281
73.2
2001

291

283

2004

63.7

2005



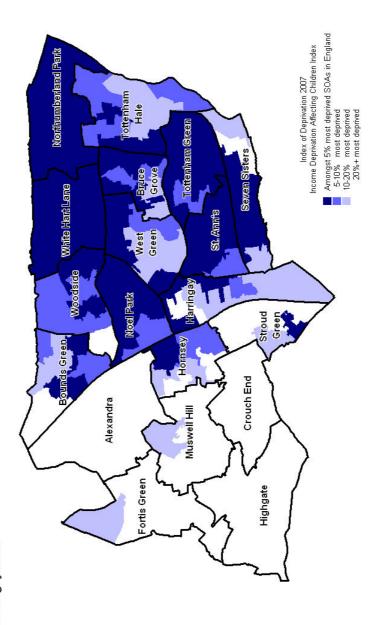


Haringey MHS

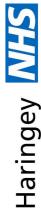
www.haringey.gov.uk

## Income Deprivation Affecting Children Index (IDACI) MID 2007 Haringey Teenage Pregnancy Strategic Partnership

Indices of Deprivation 2007 Income Deprivation Affecting Children Index Haringey SOAs



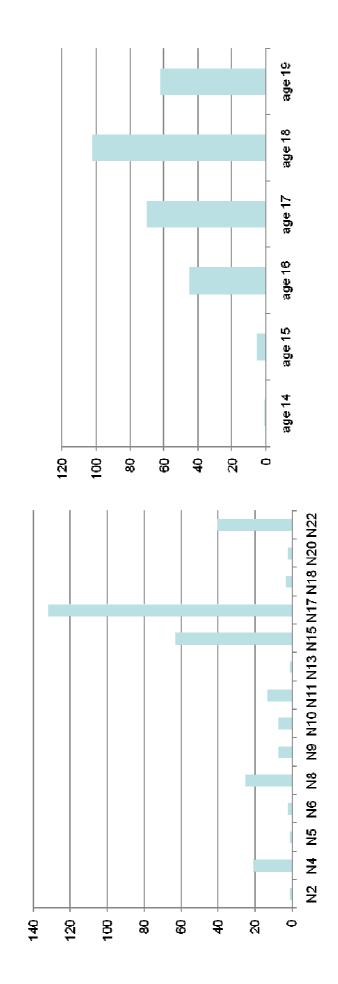




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Haringey Council

## Haringey Teenage Pregnancy Strategic Partnership Local data – TPSPB – at Jan 2007





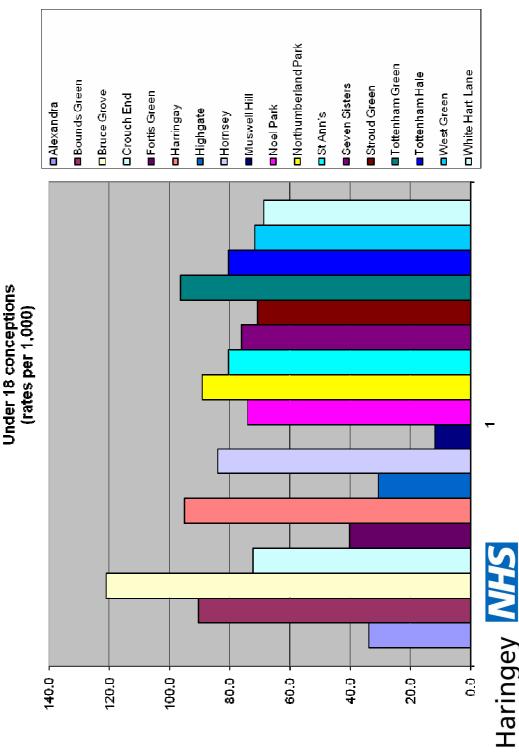
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## Haringey Teenage Pregnancy Strategic Partnership Ward data – from national TPU



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# Haringey Teenage Pregnancy Strategic Partnership

## What are we doing?

 Teenage Pregnancy Strategic Partnership Board

- Commissioning Group

- Strategic Group

Operational Sub Groups

Time limited operational Task Groups



## Haringey Teenage Pregnancy Strategic Partnership Operational Sub Groups

- SRE & Prevention
- Data
- Children In Care
- Media & Communications
- Teenage Parents & Community Involvement



## Haringey Teenage Pregnancy Strategic Partnership SRE & Prevention Sub Group

#### **Key Tasks**

- SRE training strategy & programme for all frontline staff working with young people
  - Pathways document for young people and professionals
- At-risk assessment tool
- **Participation**







## Haringey Teenage Pregnancy Strategic Partnership Data Sub Group

#### **Key Tasks**

- Teenage pregnancy data project GOL
- Agree minimum local data set
- Systems for collection, analysis & sharing
- Measuring impact & targeting support & provision
- Local monitoring data set







## Haringey Teenage Pregnancy Strategic Partnership Children In Care Sub Group

#### **Key Tasks**

Strong use of data & evaluation

Specific preventative interventions for LAC, Care Leavers and Unaccompanied Minors

Participation



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## Haringey Teenage Pregnancy Strategic Partnership Media & Communications

#### **Key Tasks**

- Review the Media & Communications Strategy
- Develop new media campaign
- Participation



#### Haringey Teenage Pregnancy Strategic Partnership **Community Involvement** Teenage Parents &

#### **Key Tasks**

Guidance document for Midwifery services and teenage parents/to be

Housing issues

Engaging teenage fathers

**Participation** 





#### Haringey Council

## Haringey Teenage Pregnancy Strategic Partnership Task Groups

- SRE Training Strategy
- **NEET Parents**
- Teenage Parents Housing
- Teenage Fathers



## Haringey Teenage Pregnancy Strategic Partnership Communication



Are you ready to go all the way?

Teenage Pregnancy & Parenthood

**Sexual Health** 

4YP Helpline & www.4yp.co.uk

www.gettested.co.uk

Links to local – www.thejunctionharingey.co.uk and www.connexions-northlondon.co.uk

& national sites – www.ruthinking.co.uk



Haringey Maringey Teaching Primary Care Trust



## Haringey Teenage Pregnancy Strategic Partnership **Implementation**

### 4YP-Sexual Health for Young People aged 18 and under

- 4YP Bus 8 regular sites plus
- 4YP Drop in sessions 1 regular plus
- 4YP Pharmacies 20 offering EHC
- 4YP Clinic 1 at SASHC
- 4YP Nurse 4 sites (4YP Drop-in, Youth Centre, Children's Centre & Teenage Parents Group)
- SHEP in schools plus
- Signposts to FP & RH clinics 14 on 7 sites





Haringey Council

## Haringey Teenage Pregnancy Strategic Partnership 4YP Bus Report - 2006

N22, Wood Green site -higher attendance figures

N17, Tottenham sites – lower attendance figures

Highest users of Bus reside within N17 – 24%

More boys than girls use the bus - 69%

Majority of users wanted condoms - 67%

57% would go to SH/4YP Clinic if Bus didn't exist

70% of females - go to friends - if Bus didn't exist

76% said Bus made them think differently

Highest use: Black Caribbean12%; White UK & EU12%; Other 48%



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Haringey Council

## Haringey Teenage Pregnancy Strategic Partnership **Current & Future Developments**

- 4YP service remodelling proposal
- Increasing clinical services 4YP nurses
- Pilot Poly-clinic Under 20, women only GUM & FP clinic at Lordship Lane Health Centre
- FP & RH Services 'You're Welcome' criteria
- SHIP Sexual Health in Practice
- New links- Community Health Mentors, Tottenham Hotspur Foundation Healthy Lifestyle Bus
- 4YP in Further Education settings





## Haringey 6th Form Centre in Tottenham Haringey Teenage Pregnancy Strategic Partnership

- Monthly 4YP Bus on site
- SRE Training for all 37 Personal Tutors
- SRE Resource Pack & DVD (pilot)
- 4YP Nurse appointments on site
- HIV Awareness Programme (pilot)
- Speakeasy for parents/personal tutors
- CAF for Teenage Pregnancy & Parenthood
- Teens & Toddlers students most at risk





## Haringey Teenage Pregnancy Strategic Partnership CONEL Proposal

- Fortnightly 4YP Bus on site at Tottenham Green -eisure Centre, next to CONEL
- Participation & consultation
- Increase Chlamydia testing
- SRE training for Student Welfare/ Key Tutors
- Targeted support for young people at risk
- SRE Resource pack & DVD (pilot)
- 4YP nurse appointments on both sites
- CAF for Teenage Pregnancy & Parenthood







## Haringey Teenage Pregnancy Strategic Partnership **Implementation**

# Strong delivery of SRE/PSHE by schools

## Haringey Healthy Schools Programme

- LAA Stretch Target 60% (47) Schools to achieve Healthy School Status by Dec 2007
- Actual performance: 64% (51) achieved Healthy School Status by Dec 2007





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## Haringey Teenage Pregnancy Strategic Partnership **Healthy Schools**

- National PSHE CPD programme SRE chosen by all participants in current cohort
- Christopher Winter Project pilot in primary schools and adapted for Secondary
- Sex FM DVD provided to all Secondary schools as
- SRE training and teaching pack

part of their SRE programme







## Haringey Teenage Pregnancy Strategic Partnership **SRE Training and Teaching Pack**

- All school nurses trained by 2006
- 5 Secondary Schools trained by 2007
- 5 more planned for 2008 including:
- another Faith school
- Pupil Support Centre (PRU)
- 6th Form Centre





#### Haringey Council

## Haringey Teenage Pregnancy Strategic Partnership **Healthy Schools**

## Secondary Schools with HS Status

Alexandra Park School

Gladesmore Community School

Hornsey School for Girls

Park View Academy

Northumberland Park Community School

Pupil Support Centre (PRU)





## Haringey Teenage Pregnancy Strategic Partnership **Healthy Schools**

# Secondary Schools targeted for Dec 2008

Fortismere School

Woodside High

St Thomas More Catholic school

John Loughborough School



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### Haringey Council

### Haringey Teenage Pregnancy Strategic Partnership **Targeted Secondary Schools**

- SRE Training and Teaching Pack
- Sex FM DVD
- Links to 4YP
- Teens and Toddlers for pupils identified at risk
- Speakeasy for parents
- CAF for Teenage Pregnancy and Parenthood

# Haringey Teenage Pregnancy Strategic Partnership

# **Teens and Toddlers**

## Targeted Prevention & Personal Development Programme for pupils identified at risk

- Successful Pilot in 2 Schools with high TP referrals
- 22 pupils completed 20 week programme based in Children's Centre Nursery for one afternoon per week
- 21 achieved NCFE National Award in Interpersonal Skills
- Significant decrease in TP referrals from both Schools
- Only 1 TP referral to date 95% success rate





### Haringey Teenage Pregnancy Strategic Partnership **Teens and Toddlers**

Sustainability Programme now running

4 Targeted schools and Pupil Support Centre

Based in their neighbouring Children's Centres

8 Haringey Trainee Facilitators recruited from (IYYS) Youth Service & Connexions, Children's Centres, Teenage Pregnancy & Parenthood Team and Targeted Schools

Reaching minimum of 56 pupils per year





Haringey Council

### Haringey Teenage Pregnancy Strategic Partnership Targeted Work with LAC & CL

To Care Is To Do: Tottenham Hotspur Foundation Inclusion Project

3 Year Premier League Bid

Targeted participation of LAC & CL in 5 schools

- Sportsmanship Programme

- THF Coaches in class & special sessions

- KS4 Work Experience with THF

Support for foster carers through Parent Training Programme







Haringey Council

### Haringey Teenage Pregnancy Strategic Partnership **Implementation**

### Raising Aspirations

Teens and Toddlers:

Raises aspirations

Raises self esteem

Combines raising awareness with the above

Improves attendance

Reaches young people most at risk in schools



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### Haringey Teenage Pregnancy Strategic Partnership **Implementation**

### Raising Aspirations

- Young Mums To Be: NCFE accredited course now based at new provider, KIS Training
- Parents with Prospects: NCFE accredited course new to Haringey, KIS Training
- hard to reach NEET Parents/To Be led by CONEL based in 2 Positive Parenting: OCN accredited part time course for Children's Centres





### Haringey Teenage Pregnancy Strategic Partnership Implementation

# Working with Parents

### Speakeasy

OCN accredited courses enabling parents/carers to talk with their children about sex & relationships





Teaching Primary Care Trust

www.haringey.gov.uk



### Haringey Teenage Pregnancy Strategic Partnership Speakeasy in Haringey

- Started in 2004, Targeted parents from:
- 3 Sure Start/Children Centres
- 4 Primary Schools
- 1 Turkish Saturday School
- 1 Turkish Parents Group
- 1 Faith Secondary School
- Teenage Parents Groups
- Haringey Foster Carers
- Young People's Project



### Haringey Council

### Haringey Teenage Pregnancy Strategic Partnership Speakeasy in Haringey

- Targeted at professionals from
- LAC, CL & UM Team
- Children's Centres
- Haringey Adult Learning Service (HALS)
- Teenage Pregnancy & Parenthood Team
- Family Support Disability Worker



Haringey Teenage Pregnancy Strategic Partnership



Haringey Council



www.haringey.gov.uk

### HARINGEY EMERGENCY HORMONAL CONTRACEPTION SCHEME

### PRELIMENARY PROJECT REPORT FOR 2008/09

This report provides a brief summary of the activity of the emergency hormonal contraception scheme, funded by Haringey PCT and being implemented in Community Pharmacies across Haringey.

### 1. BACKGROUND

The 4YP EHC Scheme started in September 2002 and originally funded by a £75,000<sup>1</sup> grant from the Department of Health in support of local and governments strategies aimed at reducing teenage pregnancy rates in England and Wales, the U.K. having the highest teenage pregnancy rate in western Europe.

### 2. AIMS AND OBJECTIVES OF THE SCHEME

The aim of the Emergency Hormonal Contraception (EHC) Scheme is to provide EHC free of charge to women, up to the age of 18 in Haringey. This service forms part of the Teenage Pregnancy and Parenthood Strategy and is aimed at contributing to the reduction of conceptions (and terminations) in teenagers in the borough by:

- Providing EHC free of charge to women between the ages of 13 and 18 (inclusive).
- Increasing awareness and access to EHC of young women.
- Giving young women informal and confidential advice on contraception/sexual health, by trained community pharmacists, on their local high street.
- Increase partnership working and improve communication between pharmacists and other Healthcare professionals.
- Refer young women to GP/Family Planning Clinics (FPC) where appropriate.

### 3. THE PARTICIPATING PHARMACIES

During 2008/09 this scheme had 18 participating community pharmacists across the borough. 27 EHC trained pharmacists. Pharmacists who were interested in taking part in the scheme were recruited on the following criteria:

<sup>&</sup>lt;sup>1</sup>. The funding was provided for a joint scheme for both Enfield and Haringey

- Had successfully completed the training.
- Had an area within their Pharmacy suitable for confidential consultations.
- Were opened evenings and weekends.
- Had empathy with the scheme.

Particular attention was paid to make sure pharmacists were recruited in all areas of the boroughs and particularly in those areas with high rates of teenage pregnancy.

Initially pharmacists were trained in the supply of EHC under a Patient Group Direction (PGD) and following the guidance on best practices in the supply of EHC set out by the Royal Pharmaceutical Society. The training was undertaken principally by the Pharmaceutical Advisers at the PCTs.

During the period covered by this report no new pharmacies were recruited onto the scheme<sup>2</sup> however, a number of new pharmacists were trained to maintain adequate cover in all of the 18 advertised pharmacies participating on the scheme.

From December 2008 thirteen of the pharmacies on the scheme also provided free Chlamydia test kits to clients as part of a national strategy.

<sup>2</sup>The scheme currently has participating pharmacies throughout the borough and the scheme has concentrated on further developing these pharmacies rather than expanding the number of pharmacies providing the service.

### **4. THE CONSULTATION**

Client between the ages of 13 to 18 requesting EHC under the scheme were assessed by the participating pharmacist. Those clients who meet all the criteria set by the Patient Group Direction were supplied with Levonelle-1500. Those clients under the age of 16 who were assessed as being 'Gillick competent' following the ruling of the House of Lords in Gillick v West Norfolk & Wisbech Area Health Authority [1985]. As part of the consultation the clients were asked to provide information outlined in the proforma/assessment sheet. All consultations were treated as confidential<sup>3</sup> as is data regarding any individual client. In addition to information regarding EHC clients were also advised on long-term contraception and sexually transmitted diseases (if appropriate). Where the pharmacist, on the basis of information supplied was uncertain that EHC should be supplied, the client was referred to a GP or FPC. All clients were supplied with a patient pack containing further literature on contraception and sexually transmitted diseases as well as condoms.

<sup>3</sup>Rights to confidentiality may be overrule where a pharmacist believes that a young person is being exploited or abused, or in some danger of so being.

### **5. PUBLICITY CAMPAIGN**

Publicity for the scheme was handled by the teenage pregnancy team at Haringey Council and by the sexual health team at Haringey PCT.

### <u>6. PROFORMA ANALYSIS OF CLIENTS REQUESTING EHC FROM HARINGEY PHARMACIES</u>

During the year a total of **1080** clients requested EHC from participating pharmacies in Haringey, of these, 1069 (99%) satisfied all the requirements of the PGD and were supplied with Levonelle-1500. Clients not satisfying all the requirements were referred to either their G.P or to a Family Planning/Sexual health Clinic.

Pharmacy	consultations	%
D.P. MARK CHEMIST	42	3.89
SCORPIOUS PHARMACY	0	0
AMY PHARMACY	134	12.41
SAIGRACE PHARMACY	99	9.17
REDWOOD PHARMACY	54	5.0
COOPERS PHARMACY	72	6.67
ALLCURES PHARMACY	11	1.02
CADGE PHARMACY	67	6.2
NAPCLAN N17 6SB	146	13.54
NAPLCLAN N17 6QB	142	13.15
NAPCLAN N17 8EY	56	5.2
CROSS CHEMIST	93	8.61
MINTONS CHEMIST	64	5.93
ALPHA PHARMACY	8	0.74
BOOTS N22 6BA	29	2.69
ABBOT PHARMACY	9	0.83
MEDISENSE PHARMACY	31	2.87
WARWICK PHARMACY	23	2.13
TOTAL	1080	100

### The number of consultations per month

Analysis of the number of requests for EHC made each month shows no clear seasonal variation.

<u>Month</u>	<u>no.</u>	<u>%</u>	
April		85	7.87
May		109	10.09
June		104	9.63
July		79	7.31
August		86	7.96
September		106	9.81
October		84	7.78
November		80	7.41
December		84	7.78
January		84	7.78
February		85	7.87
March		94	8.7
Total		1080	100

### Day of consultation

Clients requested EHC through this scheme with regular frequency on all days of the week, with the exception of Mondays and Sundays. Less than 1% of clients requested consultations on a Sunday reflecting the lack of accessibility on this day (only one of the participating pharmacies is regularly opened on this day). This probably explains the apparent rebound on Mondays, which is the busiest day of the week. Interestingly nearly 50% of the requests for EHC on a Monday were from clients that had unprotected sex more than 48 hours before.

<u>Day</u>	no.	<u>%</u>	
Monday		284	26.3
Tuesday		197	18.24
Wednesday		145	13.43
Thursday		145	13.43
Friday		171	15.83
Saturday		130	12.04
Sunday		8	0.74
Total		1080	100

### Age of clients

The scheme was originally designed to cater for clients up to the age of 21. However, due to budget limitations it was decided by the Contraceptive Services Sub-Committee to reduce the age limit to under 19. This change in policy was slowly implemented from January 2003. This scheme continues to allow pharmacists to exercise their discretion in exceptional circumstances when providing EHC to clients who fall outside the prescribed upper age limit.

.19
.59
.65
.89
.54
.65
.04
.46
100
֡֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜֜

Further analysis of the data provided by the clients assessment form is on-going. This will include a breakdown of ethnicity, post code distribution of clients accessing the service and delay between unprotected sex and accessing the service

### 7. FINANCES FOR SCHEME 2008/09

Expenditure for the year totalled £30,344 of which £18,756 was paid for pharmacy consultations, £5,658 for the cost of Levonelle 1500. The remaining sum of £5,930 covered the costs of managing and administrating the scheme and providing the PGD training for the pharmacists. All funding was provided by Haringey PCT.

Pierre Izzo (Scheme Co-ordinator)

14.09.09

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### Young People's Views on Views on Sex and Relationships Education



**A survey of Haringey School Councils** 

### Sex and Relationships Education

### Survey of Haringey Secondary School Councils

### Summer 2008

### Introduction and acknowledgements

I would like to thank the participating schools, students, teachers and mentors who arranged for me to conduct the survey. Faruz Yousufzai, a student at Woodside High School on work placement, did an enormous amount of data collection and collation and assisted in the production of charts. Funmi Abari (Hornsey School for Girls) designed the cover. Avi Becker and Steve Ellis also assisted with the data analysis. The text and commentary is mine.

Mike Davis PSHE, Citizenship and Participation Manager January 2009

Haringey Children and Young People's Service School Improvement and Inclusion

Haringey PDC, Downhills Park Road London N17 6AR

Tel: 020 8489 2228

### Sex and Relationships Education

### **Survey of School Councils**

### **Contents**

Introduction and summary of findings page 4	
Student comments for school notice-board page 7	
Appendix 1 page 11 Chart 1 Have you found your SRE useful	
Chart 2 What I have learned in SRE	page 12
Chart 3 What I would like to learn in SRE	page 13
Chart 4 Preferred learning activities in SRE	page 14
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Chart 7 page 17

Do you know where to go for help on sex and relationships

Appendix 2

page 18

Action points from Shout Out conference, November 2008

Appendix 3 SRE School Council questionnaire page 19

### Sex and Relationships Education

### **Survey of School Councils**

### **Haringey Summer 2008**

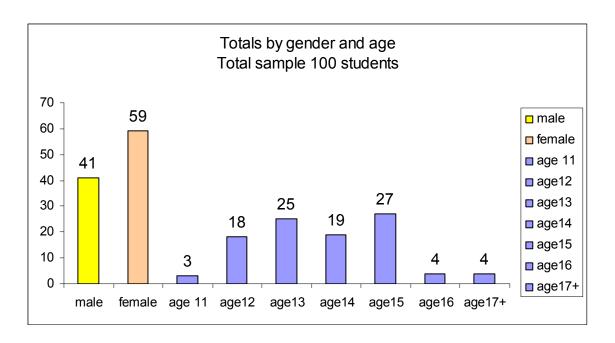
### Introduction and summary of findings

### **Survey Sample**

100 young people participated in the survey. All were elected members of their school council and were spread across the 11 to 18 age range. The survey was undertaken over a period of the Summer term 2008. Eight schools participated in the survey:

Alexandra Park School (10)
Gladesmore Community School (9)
Highgate Wood School (10)
Hornsey School for Girls (6)
Northumberland Park Community School (8)
Park View Academy (11)
St Thomas More Catholic School (24)
Woodside High School (22)

Numbers participating are shown in brackets. 41 males and 59 females participated in the survey. A gender and age breakdown is shown below.



### Survey aims

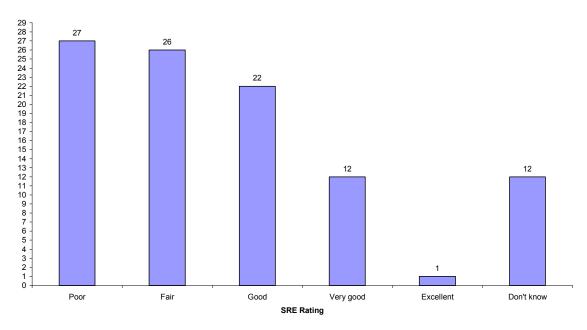
The broad aims of the survey were to gather information from a representative sample of secondary school students to find out about the key issues and skills they had learned in Sex and Relationships Education lessons, what they would like to learn, how they would like to learn and to gather views about the quality and usefulness of lessons. We also wanted to find out about their knowledge of and use of sexual health services.

The outcomes of the survey will help shape professional development training and pupil support. It is also intended that the survey findings will contribute to fine tuning our teenage pregnancy and sexual health strategies. A copy of the questionnaire which was partly informed by the Sex Education Forum's Are you getting it right? (A toolkit for consulting young people on sex and relationships education), is at the end of the report.

### **Survey findings**

The headline results show that 46% found their SRE useful while 47% did not. In terms of the quality of SRE on a range from poor to excellent the spread was:





We asked participants about the subjects they had learnt about. The most common five topics were human reproduction, puberty, sexually transmitted infections, peer pressure and contraception. When asked what they would like to learn about the most important five topics were Being a parent, self awareness and emotional resilience, strategies for making choices, managing risk and assertiveness skills and same sex relationships. The emphasis on aspects of relationships issues and emotions reinforces the findings of the UK Youth Parliament 'Are You Getting It?' Report (based on a survey of over 21,000 young people nationally).

We also asked students how they would like to learn. Interactive and participatory approaches came out top underlining the importance of making lessons active and varied in the style of delivery. The top preferred learning approaches were DVD/Film, visiting speakers/experts, debate, discussion, theatre groups and TV programmes. Least popular were textbooks and worksheets.

So far as knowledge of sexual health services is concerned 57% knew where to go for help and 67% had heard about 4YP services, while 28% had not. This indicates that information is getting across to a significant majority but a sizeable minority is not aware of the existence or location of support services.

We also asked students if they had someone in school who they could ask for advice on a sexual health problem. Only 45% said that they did know of someone they could ask for help.

Another question asked them if they had been asked for their views on sex and relationships education. Just over a quarter or 26% agreed that they had while 66% said they had not been asked. Some schools showed more positive assessment of learning or assessment for learning outcomes with a more even split, but a significant majority indicated that no consultation had been undertaken with students.

When asked for ideas about what information they would put on a school notice board a wide variety of ideas were recorded. Many included telephone numbers of Childline, local sexual health services, 4YP, hospitals and clinics. Most participants gave some points for the board. A selection of the suggestions made follows below.

### Suggestions for School Sex and Relationships Education Notice-board

"I would include the 4YP address and telephone number and website. Also advice on contraception and things about STDs." Male 15

"The 4YP contact numbers/address and who to go to within school for help."

Male 1.5

"School counsellor-room, contact number and websites. Locations of 4YP van." Female 18

"Opportunities to volunteer to counsel students on sex and relationship."
Female 18

"On teenage pregnancy, advising on contraception (condoms, pill) advice telephone numbers (confidential advice), laws on pregnancy to do with talking to various people (e.g. confidentiality when talking to doctor)." Female 15

"Local medical centres." Female 13

"Use a condom." Male 13

"Childline and other numbers for confidential help and talk." Female 13

"If you have sex be safe and use a condom." Male 12

"A Childline phone number. Not to keep things in - express how you feel and that there are people who will want to help you." Male 14

"A helpline to assist girls who don't know what to do if they're pregnant. When to start having sex and how to have safe sex." Female 15

"Don't rush into things, make sure you're sure and if you're not talk to someone about it."

Male 14

"Places where you can go for help, add the laws of sex and also add why people should want to have sex."

Female 1.5

"To go to people who have experience and know how to get over it."

Male 12

"Give young people more details about sex and relationships education and also show help lines in case any youth has a problem."

Male 16

"Website, email address, for discussing your problems anonymously etc. telephone number of important places/ organisations"

Male 12

"Where to get help for pregnancy and where to find contact receptions in a hospital."

Female 14

"Important numbers, important facts about sex, important information about types of relationships peer pressure etc."

Male 11

"Don't rush into things, make sure and if your not talk to someone about it." Female 14

"Child line numbers, information on diseases, e-mail address, examples of people who have had kids young."
Female 13

"How STIs are caught and the symptoms." Male 16

"Don't do it until you feel ready and are of the legal age." Male 15

"Don't be pressured into anything you don't want to do because at the end of the day you are you and you no one can take away your dignity." Female 13

"What is sex? I would use places you can visit, parent, religion which children would you turn to."

Female 14

"Natural predicaments young girls and boys face, so they can relate to it."

Female 15

"The age of having legal sex what problems may occur during pregnancy"

Female 12

"The ins and outs about sexual relationship". Female 15

"People that can help with young relationships. Parenting classes."

Female 12

"Consequences, cases, problem page, 4yp number and locations, sexual health services near by"
Female 14.

### Shout Out – Haringey Youth Council November 2008

We have also included in the report the outcomes of the two workshops held at the Shout Out event on 26<sup>th</sup> November 2008 organised by Haringey Youth Council. These were attended by almost 80 students from fifteen Haringey schools and indicate what young people believe to be some key action points around Sex and Relationships Education.

These action points from the Shout Out event reinforce the findings of this survey and those of the national UK Youth Parliament survey. The TellUS 3 survey also indicated young people said they had no one to talk to about personal issues The key points that these surveys emphasise are that young people want::

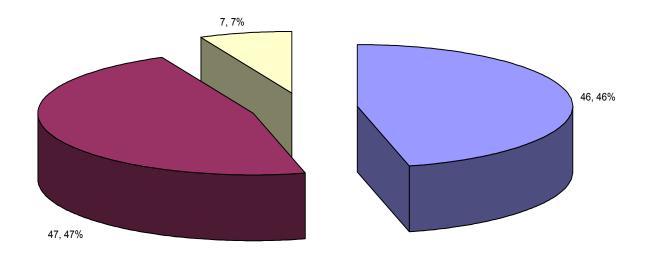
- good quality SRE in schools
- they want more emphasis on the personal relationships and emotional aspects of sex
- they want more interactive and engaging methods of pedagogy

Another key message these young people are sending to education and health planners is that they want local sexual health agencies to support their teachers and that they need more information about where they can get help and advice.

### **APPENDIX 1**

### Chart 1

### Have you found your SRE useful



■ Yes ■ No □ no answer

Chart 2

### Haringey total SRE Learned

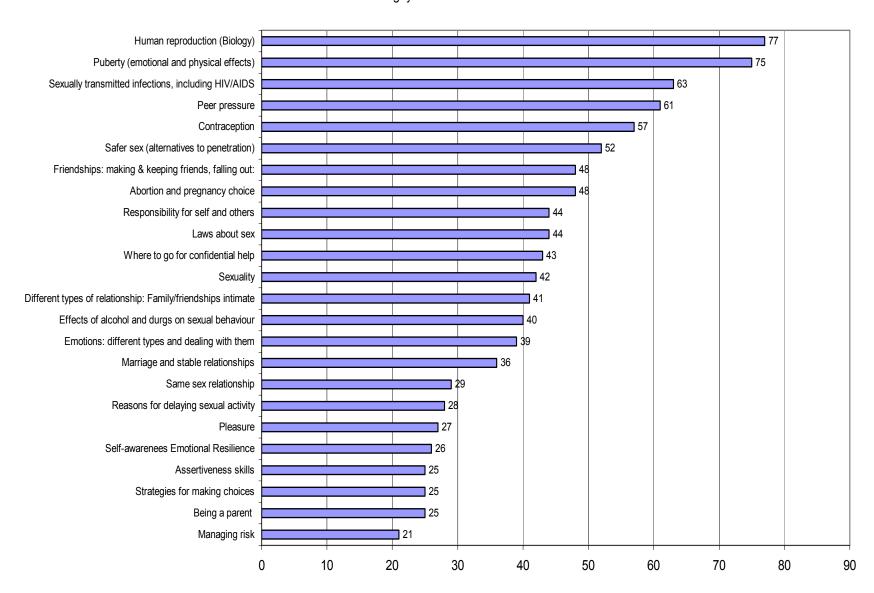


Chart 3

### Haringey total SRE would like to learn

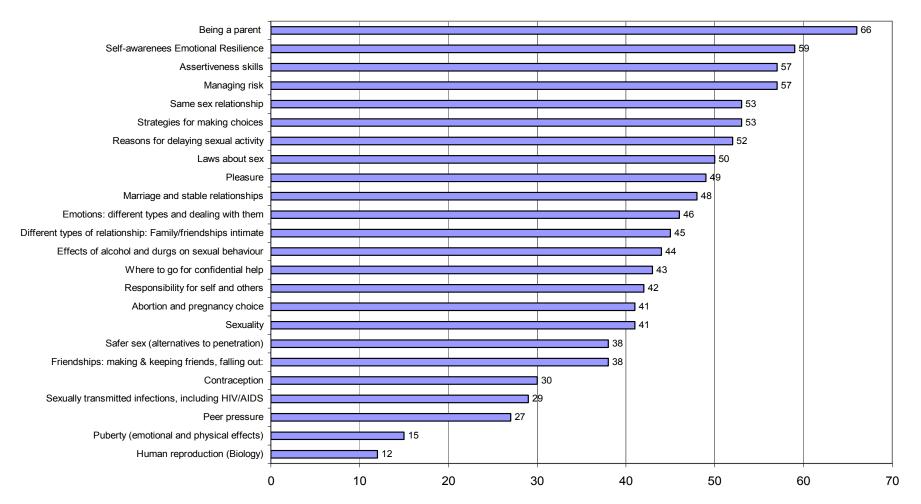
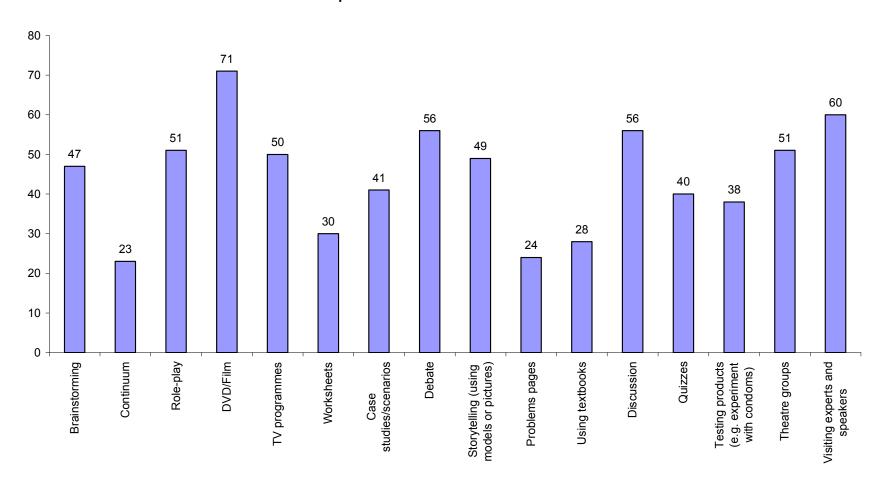
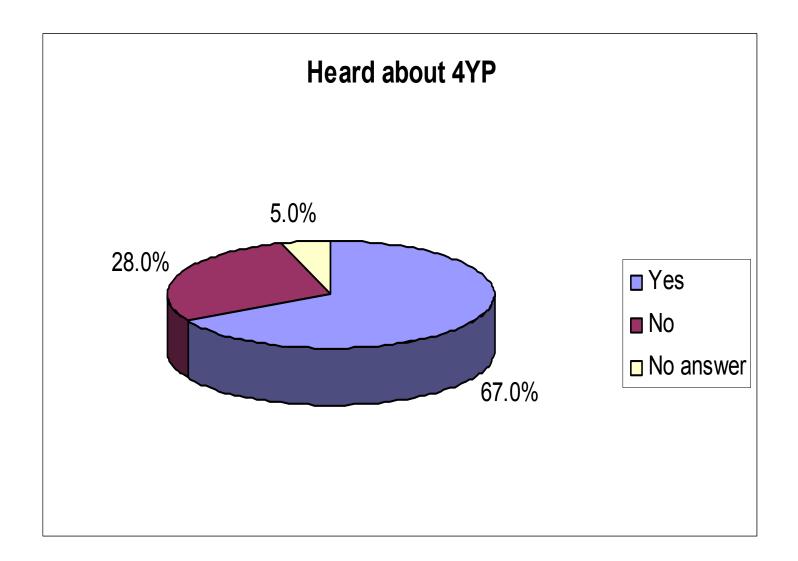
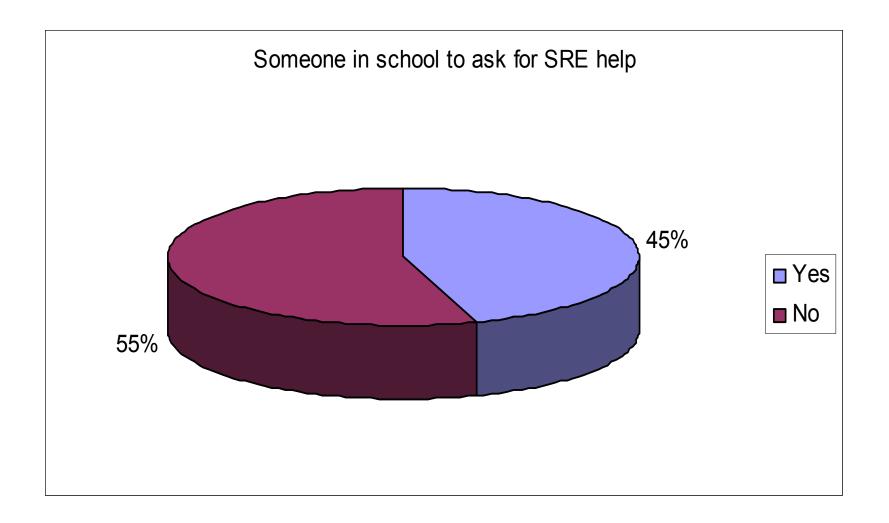


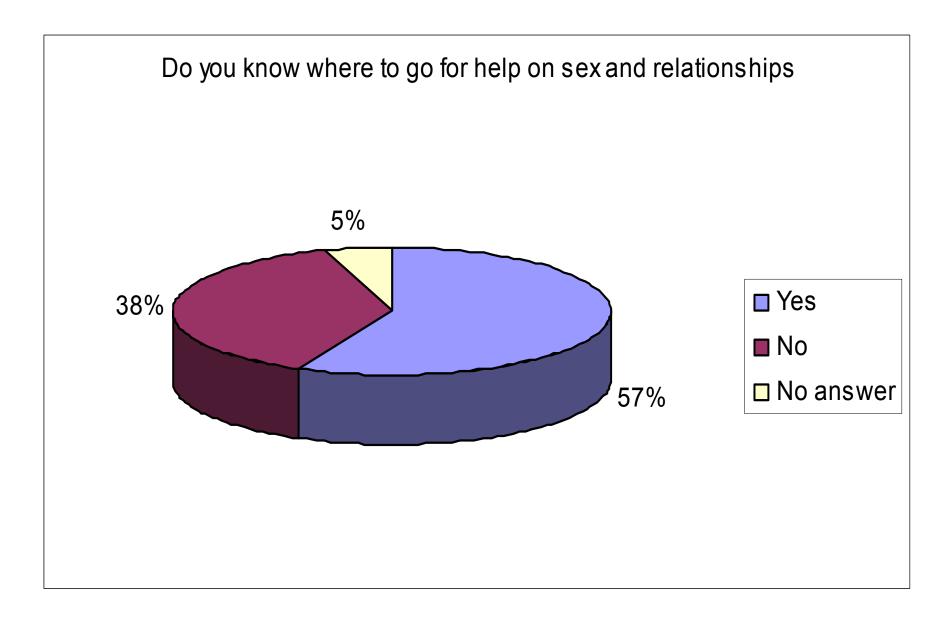
Chart 4

### Preferred learning activities in SRE Sample 100 students - no limit of choice









### Chart 7 APPENDIX 2

Haringey Youth Council Shout Out (November 2009)

Sex and Relationships Education Workshops

### **Action points**

### Individual

- Find out about screening for STIs
- Talk to head of Year about an assembly on an SRE issue, or make a film

### Haringey

- Funding for 4YP and SRE training
- Free contraception
- Better information about where young people can obtain contraception
- SRE for younger children
- Tell Council and Government we want better SRE
- Have a march or conference on AIDS and STIs

### Government

- Fund more Sexual Health visitors in schools
- Train young people to be peer advocates for young people with disabilities
- More SRE training for teachers

### Appendix 3

### Haringey Sex & Relationships Education Questionnaire for Secondary School Councils Summer 2008

School		
Age		Year group
Male	Female	

- 1. What have you **learned** about in Sex and Relationships Education lessons?
- 2. What would you like to learn about in Sex and Relationships Education lessons at your age?

Please tick the appropriate boxes

	Learned	Would like		Learned	Would like		Learned	Would like
Abortion and pregnancy choice			Effects of alcohol and other drugs on sexual behaviour			Assertiveness skills		
Being a parent			Contraception			Different types of relationship: Family/friendships /intimate.		
Self-awareness Emotional Resilience			Emotions: different types and dealing with them			Friendships: making & keeping friends, falling out:		

Human reproduction (Biology)	Laws about sex	Managing risk
Marriage/stable relationships	Pleasure	Puberty (emotional and physical effects)
Reasons for delaying sexual activity	Safer sex (alternatives to penetration)	Same sex relationship
Sexuality	Strategies for making choices	Sexually transmitted infections, including HIV/AIDS
Where to go for confidential help	Peer pressure	Responsibility for self and others

Please add anything else you would like to see included in the spare boxes

3. Please rate the quality of the sex and relationships education in your school? (circle the word) poor fair good very good excellent

4.	Have y	ou been	asked for	your views	on sex and	d relationships	education?	Yes/No
----	--------	---------	-----------	------------	------------	-----------------	------------	--------

5.	Have you found your sex and relationships education useful?	Yes/No
	If <b>yes</b> can you give examples	

**6.** What kind of learning activities should be used in sex and relationships education? Please tick the boxes. If you have any great ideas, please add them to the blank boxes

Brainstorming	Case Studies/scenarios	Discussion	
Continuum	Debate	Quizzes	

Role-play	Storytelling (using models or pictures)	Testing products (e.g. experiment with condoms)
DVD/Film	Problem pages	Theatre groups
TV programmes	Using textbooks	Visiting experts/speakers
Worksheet		

<b>7.</b> Childli	If you could make a sex and relationships notice board, what advice and help information would you include (e.g. ne telephone number)?
8.	If you wanted some advice on a sexual health problem would you know where to go for help? <b>Yes/No</b>
9.	If yes, where would you go for help?

- Have you heard about the 4YP services? Yes/No 10.
- 11. Is there someone in your school you could ask for advice on a sexual health problem? Yes/No

Thank you for completing this questionnaire Return to: Mike Davis, PSHE, Citizenship & Participation Manager, Haringey PDC, Downhills Park Road, London N17 6AR

# **EVERY CHILD MATTERS In Haringey**

#### A summary report of the Health Related Behaviour Survey 2009

These results were collected from a sample of primary pupils aged 9 to 11 and secondary pupils aged 12 to 15 in Haringey during Autumn 2008 and Spring 2009. This work was funded by the Haringey Children and Young People's Service and NHS Haringey. The survey was coordinated by the Healthy Schools Team as a way of collecting robust information about young people's lifestyles. Teachers were informed on how to collect the most reliable data and then pupils

completed a version of the questionnaire appropriate for their age group.

Year 6 pupils completed the Primary version of the questionnaire. Pupils in Years 8 and 10 completed the Secondary version of the questionnaire. All were undertaken anonymously. A total of over 1800 pupils took part in 17 primary schools and 8 secondary schools in Haringey. The pupils at the PRU also undertook the exercise.

Completed questionnaires were then returned to SHEU in Exeter for processing

#### **Cross-phase links**

Many of the questions in each version of the questionnaire are identical or very similar. Some of the results of these questions are presented on page 6 of this document, so that behaviour can be seen across the age range.

## Over 1800 young people aged 9 to 15 were involved in the survey:

School year	Year 6	Year 8	Year 10	Total
Age	10-11	12-13	14-15	
Boys	335	301	256	892
Girls	321	358	298	977
Total	656	659	554	1869

#### Reference sample

Haringey data have been compared with the SHEU wider survey sample.

A selection of some of the differences, where the level seen in the All Haringey data is either 5\*% above or below that in the wider Haringey data, is indicated by the symbol

For more details, please contact SHEU Tel: 01392 667272 www.sheu.org.uk

#### **Topics include**

#### **Being Healthy**

Diet, exercise, drugs, sexual health, mental health

#### **Staying Safe**

Bullying, experience of crime

#### **Enjoying and Achieving**

Satisfaction, GCSE expectations, enjoyment of lessons, useful lessons

## Making a Positive Contribution

Leisure activities, volunteering, children's voice in school

#### **Economic Well-being**

Money, work, spending, plans after 16

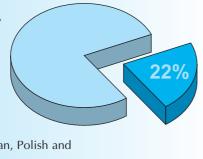
#### Page 112

### **Haringey Primary school** pupils in Year 6 (ages 10-11)

#### BACKGROUND

- 22% of pupils said they were not born in the
- ☐ 56% of pupils speak languages other than English at home. The most commonly listed

include Turkish, Somalian, Polish and French.



☐ 20% of pupils described themselves as White British.

#### **BEING HEALTHY**

#### **HEALTHY EATING**

- ☐ 4% had nothing to eat or drink for breakfast on the day of the survey.
- ☐ 43% of pupils had cereal for breakfast and 40% toast or bread on the morning of the survey. 6% had Turkish breakfast, 4% had a chocolate bar or sweets.
- Pupils were asked to identify, from a list, the foods which they ate 'on most days'. 61% of pupils said they have fresh fruit and 43% said vegetables. 19% said crisps and 22% said sweets 'on most days'.
- 28% of pupils said that they 'rarely' or 'never' ate fish or fish fingers. 14% said they 'rarely' or 'never' had salads.
- 33% of pupils had eaten 5 or more portions of fruit and vegetables on the day before the survey, 7% had eaten none.
- ☐ 67% drank between 1 and 5 cups of water on the day before the survey, 28% said they had drank a litre or more while 5% said they had drank none. 90% of pupils said they can get water at school easily.
- □ 31% of pupils who had school meals said that they enjoy them 'most times' or 'always' 15% said 'hardly ever'.

#### Dental care

- 87% of pupils reported that they cleaned their teeth at least twice on the day before the survey (the recommended frequency). 1% said they did not clean their teeth at all the day before the survey.
- □ 31% of pupils said that they had a little pain from their mouth and teeth in the last 2 weeks 10% said 'quite a lot' or 'a lot'.

#### PHYSICAL ACTIVITY

- 82% of pupils reported that they enjoyed physical activities 'quite a lot' or 'a lot'.
- ☐ 71% of pupils thought that they were 'fit' or 'very
- 23% of boys and 8% of girls reported that they had exercised for five hours or more, in the last week, which made them breathe harder and faster. 29% said less than one hour.

The top four physical activities were:

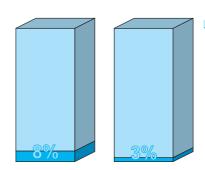
	Boys		Girls
Football	68	Swimming	46
Swimming	51	Running (races or tag)	41
Keep-fit	47	Keep-fit	38
Running (races or tag)	45	Going for walks	34

(The table shows the percentage of pupils taking part in the sport at least weekly)

#### DRUGS, ALCOHOL AND TOBACCO

- 39% of pupils reported that their parents had talked with them about drugs while 45% said their teachers.
- 17% said they were 'fairly sure' or 'certain' they know someone who uses drugs (not as medicines), in the area where they live.
- 2% of pupils said that they had been offered cannabis, 2% said they had been offered other drugs.

#### Alcohol



**■** 8% of boys and 3% of girls said that they they drank an acoholic drink on at least one day in the week before the survey.

- 91% of pupils say that they don't drink alcohol. 2% of pupils reported that their parents 'never' or only 'sometimes' know if they drink alcohol.
- 1% of pupils drank beer or lager, 2% said wine, 1% said spirits in the week before the survey.

#### **Tobacco**

- □ 3% of pupils said they had tried smoking once or twice.
- □ 0% (1% of boys) said they had smoked at least one cigarette in the seven days before the survey.
- □ 79% of pupils said 'NO!' they won't smoke when they are older, 9% said 'maybe' 1% said 'yes'.

#### PUBERTY AND GROWING UP

■ When asked who the pupils had talked with about how your body and emotions change as you grow up, the top responses from a list were:

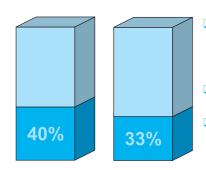
	Boys		Girls
Parents/carers	47	Parents/carers	61
Teachers, in school lessons	32	Teachers, in school lessons	37
Friends	28	Friends	32
Brothers or sisters	23	Brothers or sisters	21
Other close relatives	20	Other close relatives	21

□ 17% of boys and 24% of girls reported that they worried 'quite a lot' or 'a lot' about the way they looked.

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- □ 13% of boys and 29% of girls said they worried 'quite a lot or 'a lot' about body changes as you grow up.
- 6% of pupils said that they wanted to know more about how boys/girls develop. 2% wanted to know more about physical aspects like spots etc.
- 60% of pupils said that they learned about puberty in Year 5, 11% said Year 4 and 29% said in Year 6.

#### **EMOTIONAL HEALTH & WELL-BEING**



- 40% of boys and 33% of girls had high selfesteem scores.
- 4% of pupils had low self-esteem scores.
- ☐ 73% of pupils said they worried about at least one of the items listed in the questionnaire.
- ☐ The top 5 worries were as follows:

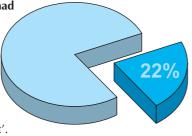
	Boys		Girls
SATs/ tests	45	SATs/ tests	56
Knives/guns	39	Crime	42
Crime	29	Knives/guns	38
The Environment	29	Body changes	29
Health problems	27	Family problems	27

#### STAYING SAFE

□ 3% of pupils reported that they felt afraid of going to school because of bullying 'often' or 'very often'. 20% said 'sometimes' while 77% said 'never'.

22% of pupils said they had been bullied once or more in the last year.

□ 51% of pupils said that their school dealt with bullying well; 28% said 'don't know' and 21% said 'no it didn't'.



- The main behaviours pupils had experienced included being teased, called nasty names and being pushed/hit for no reason.
- 27% of pupils said these things happened outside at playtime/lunchtime. 26% said in a classroom at playtime/lunchtime. 14% said during lesson time.
- 27% of pupils said they had at some time been approached by adult, who scared or made them upset.
- 48% of those who had been scared by the approach of an adult, said they knew this person.
- 9% of pupils said they told an adult straight away while 9% said they kept it to themselves. 2% told the police.
- 72% of pupils have a bike, of those, 26% wear a safety helmet 'whenever possible'. 51% of cyclists said that they felt safe cycling on the roads 'most times' or 'always'.
- 85% of pupils wash their hands with soap 'whenever possible' after visiting the toilet.

#### **ENJOYING AND ACHIEVING**

- 91% of pupils said that their work was marked so that they could see how to improve it. 75% said they knew their targets and were helped to meet them.
- □ 60% said that their achievements inside and outside school were recognised.
- □ 46% of boys and 60% of girls spent time doing homework on the evening before the survey.

## MAKING A POSITIVE CONTRIBUTION

- □ 72% of pupils said that in their school people with different backgrounds were valued.
- 80% said that their school encouraged everyone to take part in decisions e.g. school council.
- 77% said that their school helped them to work as part of a team.
- ☐ After school yesterday, 79% of pupils spent time watching television. 36% played with friends, 51% payed computer games and 33% listened to music.
- □ 46% played sport on the evening before the survey. 49% of pupils read a book for pleasure and 20% went to a club.
- 20% of pupils looked after someone at home the evening before the survey.

#### **ECONOMIC WELL-BEING**

- □ 57% report getting pocket money at least monthly. 13% said they didn't usually get any pocket money. 22% said they got money as they needed it.
- 30% received more than five pounds last time they had pocket money.

## SIGNIFICANT DIFFERENCES BETWEEN THE HARINGEY SURVEY AND THE SHEU REFERENCE SAMPLE

For most of the questions in the questionnaire, Haringey primary pupils give similar responses to the wider SHEU data. Some differences (more than 5%) include:

- Haringey pupils are less likely to describe themselves as White British compared with the wider sample.
- 19% of Haringey Year 6 pupils said that they had fruit for breakfast. This is higher that that seen in the wider sample. They are also more likely to have toast or bread for breakfast.
- Haringey Year 6 boys in particular are more likely to select healthy food choices compared with boys in the wider sample. More in Haringey eat fresh fruit and salad regularly and less have chips or roast potatoes 'on most days'.
- Haringey pupils are less likely to fear going to school because of bullying. 23% said they were worried at least 'sometimes'. This is lower than that seen in the wider sample.
- After school the day before the survey Haringey pupils were more likely to read a book for pleasure and do homework than pupils were in the wider sample.
- 39% of pupils said they had talked with their parents about drugs, 45% said teachers. These figures are lower than those seen in the wider sample. They are also less likely to have talked with their teachers about puberty.

## Page 114 Haringey Secondary school pupils in Years 8-10 (ages 12-15)

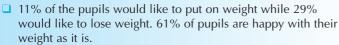
#### **BACKGROUND**

- ☐ 27% of pupils said they were not born in the UK.
- □ 52% of pupils speak languages other than English at home. The most commonly listed include Turkish, Somalian, Bengali and French.
- 24% of pupils described themselves as White British.

#### **BEING HEALTHY**

#### **HEALTHY EATING**

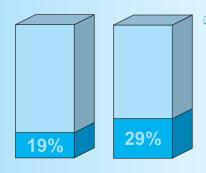
- 11% of pupils reported having nothing to eat or drink for breakfast on the day of the survey.
- 10% of pupils reported 'never' considering their health when choosing what to eat. 21% of pupils consider their health 'very often' or 'always'.



- □ 19% of pupils said they had no lunch on the day before the survey. 28% of pupils ate a packed lunch from home or went home for lunch, 41% had school food and 12% bought lunch from a takeaway or shop.
- □ 32% of pupils said they eat sweets and chocolates 'on most days'. 25% said they ate crisps 'on most days'.
- 46% said they eat fresh fruit and 40% vegetables 'on most days'.
- 30% said they rarely or never ate fish.
- 18% of pupils had eaten 5 or more portions of fruit and vegetables on the day before the survey, 12% had eaten none.
- 61% of pupils said that they sit down for meals with their family 'most days'.
- ☐ 14% said that they had take-away meals 2 or more days a week.

#### PHYSICAL ACTIVITY

- 75% of pupils reported that they enjoyed physical activities 'quite a lot' or 'a lot'.
- ☐ 44% describe themselves as 'fit' or 'very fit'.
- Not including school lessons, 17% of pupils aid that they 'never' or 'hardly ever' spent time doing physical activity.



■ When asked what activities they would like to start doing or do more of 19% of boys said they would like to do more football. 29% of girls said they would like to do more swimming.

#### SEX AND RELATIONSHIPS

- 72% of boys and 61% of girls had heard of 4YP. 25% of Year 10 boys had used it and found it useful.
- 62% of pupils said that their lessons on sex and relationships had been useful.
- 62% of pupils said they thought that condoms were reliable to stop pregnancy. 34% (53% Year 10 girls) said that the 'Morning after pill' was reliable to stop pregnancy.
- □ 34% thought condoms would be reliable to stop infections
- 16% of pupils said that they thought chlamydia can be treated and cured. 43% said either they have never heard of it or know nothing about it.

#### **DRUGS, ALCOHOL & TOBACCO**

#### **Drugs**

- 34% of Haringey secondary pupils are 'fairly sure' or 'certain' that they know someone who takes drugs.
- 18% of pupils have been offered cannabis. 16% said other drugs.
- By far the most commonly taken drug is cannabis, with 7% saying that they have taken cannabis.
- □ 10% of pupils have ever taken an illegal drug. 6% of pupils say they have taken an illegal drug within the last month.
- 6% of pupils reported taking an illegal drug and alcohol on the same occasion.
- Of the 3 most common drugs, the percentage of pupils saying they had taken them were:

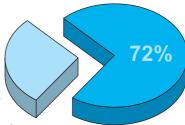
	Year 8	Year 10
Have ever used		
Cannabis	3	12
Poppers	1	6
Solvents used as drugs	1	3

#### Alcohol

- □ 15% of pupils drank alcohol on at least one day in the week before the survey. 7% of pupils said that they got drunk on at least one day in the last week.
- □ 7% of Year 10 boys and 2% of Year 10 girls drank over the advised weekly limit for adult females of 14 units.
- □ 1% of pupils bought alcohol from a supermarket and 4% from an off licence who should only sell to over-eighteens.
- □ 1% of pupils drank alcoholic drinks in a pub or bar who should not be serving alcohol to under eighteens.
- 6% of pupils drank alcohol at home and 7% drank at a friend's or relation's home. 5% of pupils drank alcohol outside in a public place.

#### **Tobacco**

- 72% of pupils said they had never smoked at all.
- 6% said they had smoked at least one cigarette in the seven days before the survey.



- Boys: 4% of Year 8 boys and 11% of Year 10 boys smoke occasionally or regularly.
- ☐ Girls: 5% of Year 8 girls and 13% of Year 10 girls smoke occasionally or regularly.
- 44% of pupils said that someone smokes in their home 'on most days'.

#### **EMOTIONAL HEALTH & WELL-BEING**

- 69% of pupils reported they are, in general, 'quite a lot' or 'very much' satisfied with their life at the moment.
- ☐ 61% of pupils had high self-esteem scores.
- ☐ 4% of pupils had very low self-esteem scores.
- 77% of pupils said they worried about at least one of the items listed in the questionnaire.
- Responses to individual items were as follows:

	Boys		Girls
Exams and tests	46	Exams and tests	62
Career	29	Family problems	39
School work problems	25	The way you look	36

(The table shows the proportion of pupils worrying about listed problems 'quite a lot' or 'a lot')

#### STAYING SAFE

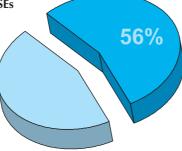
- 21% of pupils reported that they felt afraid of going to school because of bullying at least said 'sometimes' while 79% said 'never'.
- 18% said they had been bullied at school at least in the last 12 months.
- If they had been bullied, 53% said they reported it. Of those who reported it, 32% said to their parents, 20% to their teacher, 16% to head of Year and 11% said to their form tutor (pupils could list more than one person).
- 21% of pupils think that their school dealt with bullying effectively 34% said 'no' it didn't. 55% however did say that their lessons on bullying were useful.
- 13% hadn't been to the dentist within the past year. 25% said that they had experienced moderate or severe pain from their mouth or teeth in the last 2 weeks.
- 32% of pupils rate the safety of their area when going out after dark as 'poor' or 'very poor'. 8% say their safety when going to and from school is 'poor' or 'very poor' and 8% say the same about their safety at school.
- 9% of pupils reported that they or their friends carry weapons when going out.
- 12% reported that they had been a victim of violence or aggression in the area where they live, in the last twelve months.

#### ENJOYING AND ACHIEVING

■ 64% of pupils report enjoying at least half of their school lessons. 8% of pupils enjoy hardly any of them.

56% of pupils said that they expect to take several GCSEs and get good grades.

□ 77% of pupils did homework on the previous evening. 51% reported they did more than an hour.



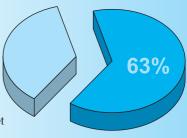
#### Page 115

## MAKING A POSITIVE CONTRIBUTION

- 91% watched some TV/DVDs on the evening before the survey and 10% watched for over 2 hours. 73% played computer games and 34% did this for more than 2 hours.
- 26% of pupils said that they would like to see more health services offered at their school. When asked to be specific, 10% said they would like the dentist.
- □ 66% of pupils said that they had found their lessons on citizenship useful.

#### **ECONOMIC WELL-BEING**

- □ 55% of pupils live with their mother and father together, 32% live with one parent while 3% don't live with either parent.
- □ 63% of pupils said they want to continue in full time education after leaving school. 29% of pupils said they wanted to find a job as soon as possible. 45% of pupils said they want to get training for a skilled job.



□ 35% of pupils have saved money in the past week.

## SIGNIFICANT DIFFERENCES BETWEEN THE HARINGEY SURVEY AND THE SHEU REFERENCE SAMPLE

For most of the questions in the questionnaire, Haringey secondary pupils give similar responses to the wider SHEU data. Some differences (more than 5%) include:

- Haringey secondary pupils are more likely to say that they eat fruit 'on most days' compared with pupils in the wider sample. 46% of Haringey pupils said this compared to less than 40% of the wider sample.
- → Haringey pupils are less likely to say that they are afraid to go to school because of bullying compared with the wider sample. 79% said 'never afraid' compared with 74% in the wider sample.
- → Haringey pupils are more likely to say that they want to stay on in full time education after Year 11. They are less likely to sat that they want to get training for skilled job. 61% of Year 10 boys said that they want to stay on in education compared with 52% saying the same in the wider sample.
- → Haringey pupils were less likely to have a packed lunch compared with pupils in the wider sample. They were more likely to say that they didn't have any lunch on the day of the survey, 19% vs. 13%.
- ✓ Year 8 girls in Haringey are more likely to say they have never smoked at all. 83% said this compared with 75% of the wider sample.
- → Haringey pupils are less likely to have drunk alcohol in the previous week 15% vs. 25%.
- Haringey pupils were less likely to say that they had been drunk in the previous week. 10% of Year 10 girls said that they had been drunk compared with 36% of the wider sample. Year 10 boys 11% compared with 29% in the wider sample.

## Pyramid data: Questions Page 116 TOBACCO

# Pyramid data: Questions included in both the primary and secondary versions of the Haringey 2009 questionnaire

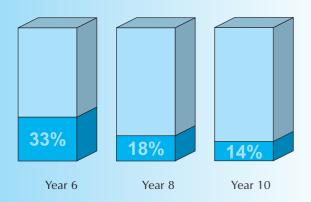
#### **Cross-phase data**

The following is a selection of data relating to the set of questions found in the primary and secondary versions of the questionnaire. It is always interesting to see how young people change as they grow up.

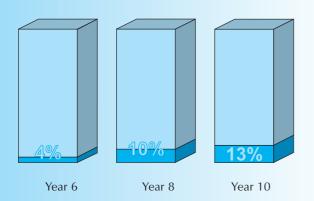
#### **HEALTHY EATING**

#### Five a day?

□ Secondary school pupils are less likely to say that they had at least 5 portions of fruit and vegetables on the day before the survey, compared with primary aged pupils who said the same. 33% of Year 6 pupils compared with 18% of Year 8 and 14% of Year 10 pupils.



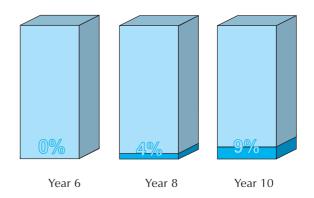
☐ Primary aged girls were less likely to report having nothing to eat or drink for breakfast: Year 6 girls 4%, Year 8 girls 10% and Year 10 girls 13%.



■ There is an increase in pupils having crisps 'on most days' with age. 19% of Year 6 pupils, 25% of Year 8 and 25% of Year 10 pupils.

#### Did you smoke last week?

■ 0% of the Year 6 pupils smoked a cigarette in the week before the survey. 4% of Year 8 pupils and 9% of Year 10 pupils said the same.

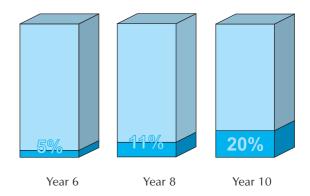


96% of primary pupils said that they had 'never smoked at all'. 81% of Year 8 pupils and 62% of Year 10 pupils said the same.

#### **ALCOHOL**

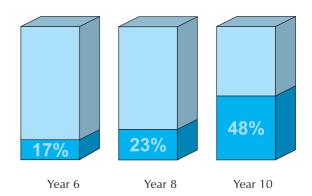
### Have you had an alcoholic drink in the week before the survey?

□ 5% of the Year 6 pupils had an alcoholic drink on at least one day in the week before the survey. 11% of Year 8 and 20% of Year 10 pupils said the same



#### **ILLEGAL DRUGS**

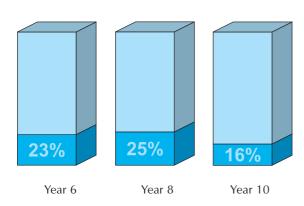
□ 17% of Year 6 pupils said that they were 'fairly sure' or 'certain' that they knew someone personally who used drugs (not as medicines). 23% of Year 8 and 48% of Year 10 school pupils said the same.



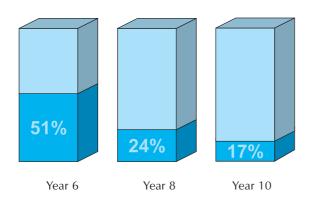
#### **SAFETY**

## Are you ever afraid of going to school because of bullying?

■ 23% of Year 6 pupils said they felt afraid of going to school at least sometimes. This rises slightly to 25% in Year 8 and drops again to 16% in Year 10.



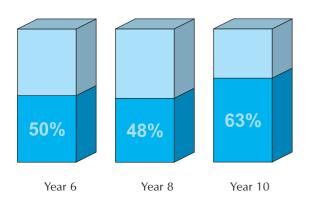
■ 51% of Year 6 pupils said that their school deals with bullying well. 24% of Year 8 pupils said that their school dealt with bullying effectively, 17% in Year 10 said the same.



#### **EMOTIONAL HEALTH & WELL-BEING**

#### How much do you worry about problems?

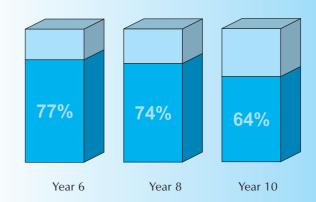
□ 50% of primary aged pupils said they worried about school tests 'quite a lot' or 'a lot', this drops slightly to 48% of pupils in Year 8 but rises again to 63% of Year 10 pupils.



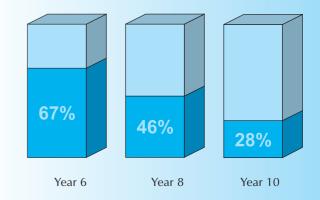
29% of secondary pupils worried about the way they looked, only 20% said the same in the primary survey.

## Page 117 PHYSICAL ACTIVITIES

- 81% of primary pupils said that they enjoy physical activities 'quite a lot' or 'a lot'. 75% of secondary pupils said the same.
- There is a drop in girls enjoyment of physical activity however:



■ 81% of primary pupils describe themselves as 'fit' or 'very fit', 44% of secondary pupils said the same. **Again there is a big drop in the girls results:** 



#### **DENTIST**

- 87% of primary pupils cleaned their teeth at least twice the day before the survey. 82% of secondary pupils said the same.
- 42% of primary pupils said that they had experience pain from their teeth or mouth in the past 2 weeks. 71% of secondary pupils said the same.

## The Way Forward - Over to you

This work was funded by the Haringey Children and Young People's Service and NHS Haringey. We are grateful to the teachers, schools, and young people for their time and contributions to this survey. As a result of their work we have excellent data to be used by schools, as well as both statutory and voluntary agencies that support the health of young people in Haringey. This work will inform action plans for joint working between and within organisations involved in improving the health and well being of pupils in schools. The data will also be used to help support the Healthy Schools Programme and young people's substance misuse planning.

#### Haringey schools who took part in the survey:

#### Haringey primary schools:

Alexandra Primary School, Broadwater Farm Primary School, Campsbourne Junior School, Crowland Primary School, Devonshire Hill Primary School, Downhills Primary School, Ferry Lane Primary School, Muswell Hill Primary School, Noel Park Primary School, Rhodes Avenue Primary School, Rokesly Junior School, St. Ann's CE Primary School, St. Francis De Sale Junior School, Stamford Hill Primary School, Stroud Green Primary School, Tiverton Primary School and Welbourne Primary School

#### Haringey secondary schools:

Alexandra Park High School, Fortismere School, Highgate Wood School, Hornsey School for Girls, Northumberland Park Community School, Park View Academy, St. Thomas More Catholic School and Woodside High School. Haringey Pupil Support Centre was also involved in the survey.

#### For further information about the survey contact:

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#### The Haringey C-Card and Medi+Vend Schemes

#### Background

Too many people in Haringey contract sexually transmitted infections (STIs) or get pregnant unintentionally when they are teenagers. Yet both of these can be prevented by the correct use of condoms.

In a bid to improve this situation, Haringey has now been selected to pilot a new scheme, the pan-London 'C-card Scheme' and 'medi+vend machines'. This is designed to encourage a sense of responsibility among those aged 25 years and under and provide coordinated condom distribution services across Haringey.

#### The C-card

The C-card is a registration and condom distribution scheme for young people. The scheme encourages correct, responsible condom use. When a young person registers for the scheme, they will be given sexual health messages, information on contraception and on sexual health and youth services in Haringey. This will also include information which promotes the delay/RU Ready messages specifically targeted at young people under 18. They will then be given a plastic key fob which can be used to obtain free condoms from any collaborating site across Haringey and London. As part of the scheme, the number of condoms available to each participant is monitored and referrals can be made to a clinic/sexual health professional. Staff will be trained to ensure that young people are signposted to relevant clinical or support services and child protection procedures are adhered to at all times.

#### **Medi+vend Machine**

The medi+vend is a dispensing machine that supports the C-card scheme. It does not require staffing and can dispense a range of resources. As part of the pilot the machine will provide access to sexual health information, condoms and Chlamydia screening kits. At a later date, this is expected to include the dispensing of pregnancy testing kits. The first machine will be sited in CONEL to support the on site contraception and sexual health nurse outreach service which started earlier this year. The intention is to purchase a further two machines in due course.

#### The Pan-London C-card and medi+vend pilots

The pan-London pilot links together all the collaborating boroughs into a London-wide Data Warehouse which will enable each borough to better understand the pattern and uptake of condoms and allow users to access condoms in other boroughs. A number of boroughs already have similar schemes in place.

The medi+vend pilot will run for one year and the C-card pilot will last four months and is funded by the Department of Health. The first phase of the pilot will include: the 4YP Haringey Services, CONEL and the contraception and sexual health clinics. The second phase will roll out the scheme to additional youth and health services such as community pharmacies and Connexions.

#### Page 120

By being part of the pan-London pilot, the scheme will be subject to rigorous evaluation, initially through continuous consultation with young people, uptake and access data. In the longer term it will be evaluated against STI and unplanned pregnancy rates.

For more information on the pilot, please contact Teresa Edmans, mob 07747712304 or Patrick Dollard, mob 07951272728

# **Contraceptive Services**

						2008										2009	0		
		Apr	May	Jun	Ju	Ang	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	_
Female	Female 1st Attendance									9	4	20	19	40	30	28	09	92	36
	Followup Attendance									0	0	<b>—</b>	7	_	0	<b>—</b>	0	0	0
	Paperbased records	26	29 2		2 92	92	22	53	92	34	27	38	27	20	25	11	12	10	9
	Total	26	<u> </u>		. 92	92	25	53	92	40	31	26	48	61	22	20	72	22	42
Male	1st Attendance									_	0	0	0	_	0	2	2	0	4
	Followup Attendance									_	0	0	7	0	0	0	0	0	0
	Paperbased records	2	) (	0	1	4	0	0	0	0	0	0	0	0	0	0	0	0	0
	Total	)		0	1	4	0	0	0	2	0	0	2	1	0	2	2	0	4
Total		6	29 2	7 7	? 2.	80	22	53	65	42	31	26	20	62	55	22	74	22	46

Note The figures prior to Nov 2008 are based entirely on paper record summaries. These figures include 19 year olds also and can't be broken down into 1st and Followup attendances.

## **GU Services**

						ಜ	2008									7	2009		
		Apr	May	Jun	Jul		Aug S	Sep (	Oct	Nov	Dec ,	Jan F	Feb N	Mar A	Apr №	May Jı	Jun Jul		Aug
emale	Female 1st Attendance	10	103	98	26	66	28	98	112	91		106	110	115	111	22	109	125	116
	Followup Attendance	N	29 ;	31	38	38	32	28	24	20		15	56	42	32	28	21	22	25
	Total	13	132 1	117	135	137	6	114	136	111		121	136	157	143	103	130	150	4
Vlale	1st Attendance	(T)	38	21	39	42	44	32	33	21	26	46	59	29	49	35	22	40	<b>a</b> ć
	Followup Attendance		7	က	7	4	_	7	∞	9	က	4	2	18	18	4	18	∞	ွှင ge
	Total	4	45	24	20	26	45	39	4	27	29	20	8	47	29	49	73	48	27
Fotal		177		141	185	193	135	153	177	138	130	171	170	204	210	152	203	198	89
																			1

Total		315	80	701	1084	13	3	5	21	1105
	ep	37	3	0	40	0	0	0	0	40

Total		1755	209	2264	979	153	781	3045
	Sep	93	17	110	25	5	30	140

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PROJECT NAME	Reducing teer people	ıage pregnancy	, improving teer	Reducing teenage pregnancy, improving teenage sexual health and safeguarding children and young people	lth and safegu	arding children	and young	DATE COMPLETED	OMPLE	TED			90-Inf
		Quarter One	<b>(1)</b>	B	Quarter Two		0	Quarter Three	<b>(1)</b>	0	Quarter Four		
Type of Expenditure	April	Мау	June	July	August	September	October	November	December	January	February	March	TOTALS
Targeted Support worker					5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	40,000
Targeted Support worker							6,000	6,000	6,000	6,000	6,000	6,000	36,000
Media and Communications							2,000		4,000	4,000			10,000
													0
													0
													0
													0
													0
													0
													0
TOTAL	0	0	0	0	5,000	5,000	13,000	11,000	15,000	15,000	11,000	11,000	86,000

NOTES

**MIGRATION IMPACT FUND 2009/10 - SPEND PROFILE** 

#### **Teens and Toddlers in Haringey**

#### **Projects in Haringey**

<u>Haringey</u>	Start Date	End Date	Number teens finished
H-1 (Stand-Alone)	11th January 2007	22nd July 2007	22
HS1-1 (Sustainability)	26th February 2008	22nd July 2008	17
HS1-2 (Sustainability)	16th September 2008	13th February 2009	18
Pre-Intensive & HAFC1-A (After-Care)	24th February 2009	15th July 2009	27
Intensive & HAFC1-B (After-Care)	September 2009	February 2010	TBC
Total:			84

#### **Annual Retrospective Tracking Survey**

No young people from Haringey were included in 2007's annual tracking survey, because it was conducted less than a year after they completed Teens and Toddlers. Graduates from Haringey were included for the first time in last year's tracking survey (2008), and no pregnancy incidents were reported. All graduates from Haringey will be surveyed in the forthcoming 2009 tracking survey, including those who finished in July 2009 (due to a change in research strategy, we will not be waiting for a year before surveying them anymore).

#### **Suzanne Cater**

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Registered Charity No 1099782

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PROJECT NAME	Teenage Pregnancy Prevention and Support - LA held	ancy Preventio	n and Support -	LA held				DATE COMPLETED	OMPLE	TED			90-InC
Original full year £272,000	Profile shown for first 6 month only	for first 6 mon	th only										
Type of Expenditure	April	Мау	June	July	August	September	October	November	December	January	February	March	TOTALS
TP Coordinator	5,125	5,125	5,125	5,125	5,125	5,125							30,750
TP Board Costs			375			375							750
SRE training/Speakeasy - targeted community			3,500			3,500							7,000
SRE training/Speakeasy - targeted staff			2,500			2,500							5,000
schools and post 16 programmes			5,000			5,000							10,000
Media, Publicity, Communications				6,000	4,000	5,000							15,000
At risk Assessment Tool and Process				1,250		1,250							2,500
Teens and Toddlers Accreditation				5,000		5,000							10,000
Supporting Teenage Parents Project	250	250	1,000	2,000	750	750							5,000
2X 0.5 parental outreach workers	3,000	3,000	3,500	3,500	3,500	3,500							20,000
4YP	5,000	5,000	5,000	5,000	5,000	5,000							30,000
TOTAL	13,375	13,375	26,000	27,875	18,375	37,000	0	0	0	0	0	0	136,000
NOTES													0 0